

Yn mih aireng ki samla shnong ha ka 4th Division U-20 bad samla kynthei ha ka basketball

Pyllait ka Nongkseh SS&CC ia ki jersey ialehkai na bynta ka Meghalaya State League



U Rangbah Shnong ka Nongkseh kumjuh u Doctor Incharge na Shastri Memorial Dispensary nalar ki riewrangbah bad ki longkmie kiba dang pyllait paidbah ia ki jersey bad tracksuit jong ka Nongkseh Sports Social and Cultural Club kaban mih aireng ha ka lypmung ialehkai jong ka Meghalaya State League. Ha ka dur phang kamon, iwei na ki longkmie ba dang pyllait paidbah ia ka jersey na ka bynta ka kynthun ialehkai basketball jong ki samla kynthei ka Nongkseh. (Dur Mawphor)

Shillong, Iaiiong 07 : Ka Nongkseh Sports Social and Cultural Club hapoh ka jingialam jong u President, Bah Daniel Thangkhiew ha ka sngi Ba-ar ki la pyllait paidbah ia ki jersey, ki tracksuit bad kumjuh ia ki tiar

ialehkai jong ka kynthun na bynta ka lypmung ialehkai Meghalaya State League kaban sa sdang noh shen mynta u bnai.

Ia kine ki jersey la pyllait paidbah da u Rangbah Shnong ka Nongkseh, Bah

Myrank Thangkhiew ryngkat ka jingdonlang u Doctor incharge ka Shastri Memorial State Dispensary, Laimer Dr. J Lyngdoh, ki riewrangbah bad kumjuh ki longkmie jong ka shnong nalar ka jingdonlang ki nongialehkai bad ki nongshong shnong.

U Bah Daniel u la pynbna ruh ha kane ka sngi ba ki don haduh saw ngut ki rangialehkai ba ka Klob ka soi na ka bynta kane ka

samoi bad kine ki kynthup ia u Sheen Stevenson Sohktung na ka Shillong Lajong, nangta uAbitlang Wahlang na Langsning, u Aibiang Mame Nongneng na Kickstart FC bad ruh u Banraplang Pyngrope na Mawlai SC.

Ha kane kajuh ka sngi, ka Club ka la pyllait paidbah ruh ia ka jersey na ka bynta ka kynthun ialehkai basketball jong ki kynthei kaba pynkhreh mynta ban shim

bynta ha ka lypmung ialehkai kaban sdang noh shen ba pynlong da ka KSU. Nangta ka la don ruh ka jingpynkup burom ia ka Verem G Nongsiej kaba dei ka thei ialehkai na katei ka shnong kaba la khur takma rnong ha ka Khelo India Tribal Games ha ka lypmung iakob jngi kaba dang shu lah shen ha Chhattisgarh.

Na ka liang ka klob ka la pynituh paidbah ruh ia ki

samla na ka shnong kiban mih ban aireng ha ka lypmung ialehkai phutbol ha madan polo ha ka SSA 4th Division mynta u snem. Katum ka jingiatuh jong u President, ka jingmih jong kine ki samla ka dei hadien ba bun ki nongshong shnong ki la pynpaw ba ki kwah ba kwah ban iohi ba ki samla shnong kin mihlang shakhmat ban pyni ia ka jingitbit jong ki ha ka phutbol.

“Ngi dap da ka jingkmien kaba khraw ban iohi ba tang na ine i madan ba la ai sngewbha da u Myntri Rangbah Conrad K Sangma ia ka Nongkseh, ki la mih haduh katne ki nongialehkai la ka long ha ka phutbol bad haduh ka basketball.

Nga sngewkmen ruh ba kum ka klob ngi la lah ban sei ia ka kynthun ialehkai kaba paka kiba dei tang ki samla lajong ban mih madan ha ka Meghalaya

State League mynta u snem,” u la ong.

Haba kren bad ki lad pathai khabor, u Bah Daniel u la ong ba ka jingmih ban aireng mynta ha ka MSL ka long kum uwei pat u mawjan na ka bynta ka kynthun ha ka lypmung kaba kham heh bad kaba kham eh kaba kin hap ban tynjuh bor pat bad ki kynthun ialehkai kiba kham khlain bor na kylleng ki bynta jong ka jylla.



U President jong ka Nongkseh Sports Social and Cultural Club, Bah Daniel Thangkhiew uba dang pynkup burom ia ka samla na ka shnong, ka samla VeremG Nongsiej kaba la khur takma rnong na ka bynta ka Jylla ha ka lypmung ialehkai jong ka Khelo India Tribal Games kaba dang shu lah shen ha Chhattisgarh. (Dur Mawphor)

Iehnoh kam u ma Khroo L. Pariat kum u President ka West Jaiñtia District Wrestling Association

Jowai, Iaiiong 07: U ma Khroo L. Pariat uba bat kum u President bad u Member ka West Jaiñtia District Wrestling Association Jowai. katum ka shithi kaba ula phah sha u General Secretary ka WJDWA haka 4 tarik u Iaiiong ula iehnoh ia katei ka kam naduh katei hi ka sngi bala pynbna.

Halor kane ka jingiehnok kam jong u ma Khroo L. Pariat ula phah copy kumjuh sha u District Sports Officer ka WJHD bad haka juh ka por ula kitbok kitwriang ia katei ka seng ba kan nang iaibng ban trei ia ki kam babha ha ka liang ka jingialehkai Sports.

Rah nam lahduh ka Lion Y&SA ha ka District Cricket League 2026 jong ka WJHDCA

Jowai, Iaiiong 07: Ka jingialehkai District Cricket League 2026 bala pyniaid da ka West Jaiñtia Hills District Cricket Association (WJHDCA) kala poi sha kaba kut mynta ka sngi 7 tarik ha Khliehtyrei Mini Stadium, ha ka jingiakhun Final hapdeng ka Lion Y&SA bad Goodwill Mupliang SC ha kaba ka Lion Y&SA kala jop da 53 runs.

Ha ka inning ba nyingkong, hadien ba ka Goodwill Mupliang ka la jop ia ka jingkynting pisa bad jied ban kawang bol, ka Lion Y&SA ka batied nyingkong ka la kamai 160/8 ha ki 25 overs. U Firstbornson Dkhar u la long uba kongsan ha ka batting da kaba kamai 43 runs, katba u Nick Dann u la pynbud da 27 runs. Na ka liang ka Goodwill Mupliang SC, u Echwa Phawa bad u Byforcestar Dhar ki la shim mar 3 wickets.

Haba beh ia ka thong ka Goodwill Mupliang SC ka la shah pynhap lut tang ha ka 107 runs ha ki 24.3 overs. U Echwa Phawa u la long uba kamai bun tam da 27 runs. U Nick Dann u la leh bha ha ka bowling da kaba shim 4 wickets tang 18 runs, kaba la iarap shibun ban pynjop ia ka kynthun jong u bad u la ioh ruh iaka Nam Man of the Match mynta ka sngi.

La sam ruh ia ka Nam Most Promising Player jong kane ka League sha u George Branly Tariang jong ka War Jaiñtia United. Ie ka Nam Best Batsman bad Man of the Tournament jong kane ka League la ioh rah da u Byforcestar Dhar (340 run bad 6 wickets na ki 6 innings) jong ka Goodwill

Mupliang SC uba ioh bun run eh na baroh ki Nongtied ha kane ka League. La sam ruh ia ka Nam Best Bowler sha u Conard Sana (17 wickets na ki 6 innings), u nongkawang bol jong ka The Legend (Lissi Pearl) u ba ioh ban pynhap bun wicket ha kane ka League.

Ha kane ka sngi, la wan ban sakhii ia ka jingialehkai da u Chief Guest Wailladmiki Shylla, uba dei u MLA bad Minister of Sports & Youth Affairs etc. jong ka Sorkar Meghalaya, ryngkat bad u Guest of Honour Medling Swer, MDC, Executive Member ka JHADC. La don ryngkat ruh u ma Khroobok Passah, uba dei u Asstt. Director jong ka Sports & Youth Affairs, jong ka Sorkar Meghalaya kum u nongshakhkhot sngewbha ba kyrypang bad kiwei kiwei de ki nongshakhkhot sngewbha nalar U President ka Association, u Ma Eddy S. Shylla, ki Vice-Presidents, General

Secretary bad kiwei ki Dkhot jong ka Association.

Ha ka jingkreng jong u, ha ka Programme shuwa ka jingai khusnam, u kongsan u la ai jingiaroh ia ka Association kaba la lah ban pynlong ia kane ka league bad ban kyntiew ia ki samla ha ka jingialehkai cricket. U la ai ka jingiaroh ia baroh ar ki kynthun kiba la poi sha ka Final khamtam iaka team kaba long ka nongjop bad u kitbok kitwriang iaka kynthun ba wan ba-ar ban nang iai trei shitom shakhmat. U la kyntu ruh ia ki nongialehkai kriket ban trei shitom shuh shuh khnang ba kin lah ban mihkhmat iaka Jylla lane ka ri kumjuh ban ioh ban shim bynta ha ka League bapawnam ka India, ka IPL.

U la ai jingmut ruh iaka Association lada long kaba lah ban pynlong khambun ki Tournament ha ka shi snem khnang ba ki samla ba leit iaka Kriket kin kham ioh lad khambun

ban ioh ialehkai. Ha kaba iadei bad ka madan ialehkai kriket ha Mukhla ka ba ma u hi u la iarap ban pynioh lymbha ka Dorbar Shnong Mukhla, u la ong ba katba lah ka bor jong u kum u nongmihkham paidbah bad u Sports Minister un iakren bad ka sorkar khnang ba ka Sorkar kan ai jingiarap katba ka lah ban pyndep trei iaka khnang ba ka Association kan suk ban pynlong ia ki Tournaments bapher bapher. U la pynkut ia ki jingkreng da ka ba ai khublei iaka Association bad u kitbok kitwriang ia baroh ki Dkhot jong ka ba kin iai trei shitom bad u ruh u don ryngkat bad ka Association ban kyntiew iaka jingialehkai Kriket hapoh ka District.

Ha ka jingai khusnam, u kongsan u la sam ia ka khusnam Champion Trophy sha ka nongjop ka Lion Y&SA, katba u symbud kongsan u la sam ia ka Runner-up Trophy sha ka Goodwill Mupliang SC.

Pynlong ka SWKHD Kayaking & Canoeing Assⁿ ia ka Kayaking Awareness Camp ha Phot Mawpon

Mawkyrwat, Iaiiong 07 : Ka South West Khasi Hills District Kayaking & Canoeing Association ha ryngkat ka jingiatreilang bad ka Meghalaya Canoe Association ka la pynlong ia ka jingkieng lieng kaba ki khot da ka Kayaking & Canoeing Camp Awareness ha Phot Mawpon, South West Khasi Hills District, Mawkyrwat ha kaba haduh 50 ngut tam ki samla shynrang bad kynthei ki la ioh jingmyntoi na ka jingai jinghikai.

Ka jingthmu jong kaba ka lypmung ka long ban ioh ban jied ia ki 'rang bad ki 'thei ialehkai na ka bynta ka trial ha kane ka jingiakop kieng lieng ne ka Kayaking ba kin ioh ban leit iashimbynta ha ki jingiakop bapher bapher la ka long hapoh ka District, ka Jylla Meghalaya ne ha kiwei de ki jylla jong ka Ri India bad wat shabar jong la Ri ruh.

Lah ban kdew ruh ha kane ka South West Khasi Hills District Kayaking bad Canoeing Association ka dei ruh kaba nyingkong tam eh na baroh ki District hapoh jylla Meghalaya kiba ioh ban seng hi da lade hapoh ka distrik ha ka jingiatreilang bad ka Meghalaya Canoe Association, Umtham.

U bah Renikton Lyngdoh Tongkhar uba dei u MLA ka Mawkyrwat Constituency kum u kongsan ha ka jingkreng jong u, u ai ka jingiaroh ia ka South West Khasi Hills District Kayaking and Canoeing Association bad ia ka Meghalaya Canoe Association kiba la pynlong ia kane Kayaking Awareness Cam ba nyingkong eh hapoh ka



Ki samla shynrang bad kynthei kiba dang ia shimbynta ha ka jingiakop lieng ha Phot Mawpon, South West Khasi Hills. (Dur Mawphor)

distrik. U la ong ruh ba da ka jingstad ki nongialam jong ka SWKHDK&CA ban wanrah thymmai kum ia kane ka jinghikai ia ki samla kumno ban tip ban ialehkai kieng lieng bad lymba ka jingtrei shitom ryngkat ka jingdon ia ka jingkitkhlieh kum ki samla kane ka camp kan sa long ka jingmyntoi

ym tang ia ki shimet hynrei kan sa rah ruh ia ka nam ka burom ia ka dong ka thaiñ hi baroh kawei.

Ha kane ka sngi, la ia donlang naduh u Dr. W. Maner uba dei u President jong ka Meghalaya Canoe Association, u bah Khaiñ Nongsiej, President ka South West Khasi Hills Dis-

trict Kayaking & Canoeing Association, ka kong Sheila Vincent, Secretary jong ka Meghalaya Canoe Association, u bah H.S Diengdoh ha ryngkat ki 50 ngut tam ki khynnah samla kiba la wan shim bynta ha ha kane ka sngi bad ki wei de ki riew rangbah kiba shah khot sngewbha.

Hap jop beit ki thei India ia ka Chinese Taipei ha ka AFC U20 Asian Cup

Pathum Thani, Iaiiong 07 : Ka jingkein ka la shai, ki thei ialehkai U-20 ka ri ki hap ban jop beit ha ka jingiakhun ba khatduh na ka Group C pyrshah ia ka Chinese Taipei kaban long mynta ka sngi Balang ha ka lypmung ialehkai jong ka AFC U20 Women's Asian Cup Thailand 2026. Lada ki jop, kane kan plie lynti ia ki ban poi sha ka quarter final.

Kane ka jingiakhun kan long ha ka por 2:30 baje janmiet ha Pathum Thani Stadium kaba don ha Pathum Thani.

Haba phai sha ki jingiakhun kiba la dep, ka India ka la mad ia ka jingshah rem ha ka jingiakhun pyrshah ia ka Japan bad kumjuh ia ka Australia. Kumta baroh ar tylli, kata ka India bad ka Chinese Taipei ki poi ha ka khim khait namar ki beh ia kajuh ka thong ban pynim ia ka kynthun.

Ha kawe pat ka liang, ka jingiapher ha ka jingshah

thep kol kaba la poi haduh -11 kol, ka la nang pynrit mynsiem ia ka kynthun lada nuor bad ka Chinese Taipei kaba long tang -7kol. Watla katta pat, ka kynthun ka dang don ka jingkyrmen ba kin poi beit sha ka knockout stage ha ka sien kaba nyingkong eh naduh u snem 2004 da kaba shim kaba ia ka bhah kyrypang na ki ar tylli ki kynthun ba leh bha kiba don ha ka kyrdan kaba lai jong ka miej khein point na baroh ki group.

Hapdeng kine baroh, na ka liang u coach ka kynthun u Joakim Alexandersson u la pynpaw ia ka jingsngew tikna kaei kaba kum ka kynthun ka dei ban leh.

“Kaba kum ka kynthun ngi donkam ban iakhun tynggeh ha pdeng madan bad khamtam eh ban thep kol pyrshah ia ki. Kawei ruh ngi dei ban kymmah ba ngi hap ban iakhun ia ka kynthun kaba khlain bor,” u la ong.



Ki kynthun kiba dang shondur lang hadien ba la dep ka jingiakhun final. (Dur Mawphor)

Pyllait ka MFA ia ka thup ki 278 ngut ha ka iew thied rangialehkai mynta u snem

Shillong, Iaiiong 07 : Ka Meghalaya Football Association (MFA) ka la pyllait ia ka kyrteng jong ki 278 ngut ki rangialehkai kiba la ioh ia ka jingmynjur na ka bynta ka iew ia die ia thied rangialehkai na kawei ka distrik sha kawei pat kaba dei na ka bynta kane ka samoi ialehkai jong u 2026.

Baroh ki la don haduh 278 ngut ki rangialehkai kiba la aplai bad ki la pyndep ruh ia ki jingdonkam baroh. Kane ka la hiar na ka 39 ngut ha u 2025 watla ka dang dei pat kaba dang biang lada nuor bad ki 122 ngut ha u snem 2024.

Kane ka jingpynkynriah klob ia ki nongialehkai ka la kut ha ka 31tarik Lber.

Na ka liang ki klob ba pyniasoh bad ka Shillong Sports Association ki la soi 80 ngut ki nongialehkai na kiwei ki Synjuk ialehkai na kiwei ki distrik. Ki klob kiba dei na ka Thadlaskein Sports Association ki don 56 ngut bad na East Jaiñtia Hills District Football As-

sociation pat ki don 42 ngut.

Ki klob ki shim ia kane ka rynsan kum ka kabu ksar ban pynkhlain ia ka kynthun jong ki na ka bynta ka lypmung ialehkai na bynta une u snem kaba dei ruh ha shwa ban sdang ka 5th Meghalaya State League kaba la pynlong da ka Meghalaya Football Association na ka bynta ki klob kiba kham heh ha ka jylla kaban sdang shen ha kine ki khyndit sngi ban wan.

Haba iasam ia kane ka thup kyrteng jong ki rangialehkai ba la ioh jingmynjur, u General Secretary ka MFA Bah Sunesh Syiem u la pynkymmah ia baroh ki district association ba yn ym shah ia uno uno u rangialehkai ban ialehkai palat na kawei ka district sports association ha ka shisnem.

“Sngewbha ban shimkhia ba ym don satia u nongialehkai u ban pynkhein ia kine ki kyndon. Baroh ar, kata u nongialehkai bad ki district association kin ngat ha ki kyndon jong ka MFA lada ki pynkhein ia kane,” u la ong.