

# Synjor ki aiñ khlaw ka sorkar jylla ka daw ba kongsan ka jingsynlen ki khlaw ki btap

**Nongstoĩn, Īaiong 07:** Ka jylla Meghalaya ka dei ka jylla kaba ki nongshong kai na kylleng sawdong jong ka pyrthei ki angnud haduh katta katta ban wan peit ĩa ki jaka jngohkai kum ka Nongkhnun, Mawphanlur, Lum Kyllang, Mawthadraishan bad kiwei kiwei ki jaka ba itynnad, namar ka jingdon jong ki

lawbniap kiba jyrngam baroh shismem lynter bad ki wahduid kiba sngur bad ki lum kiba ithiang ban peit. Hynrei katba nang miħ ki sngi kitei ki jaka ki la nang sniew dur bad kylla rong kat haduh ba la isynei ban peit.

Nalor kata ka jingsynlen ki khlaw kam dei tang ha kitei ki jaka jngoh kai, hynrei ha kylleng ki bynta jong ka West Khasi Hills ki khlaw dieng met, ki la synlen lut lait noh satang ki bynta ba bun ki khlaw dien gkseħ kata ruh ha ki bynta ba ki dieng kseh ki dang rit.

Kum ban pynkynmaw ba naduh ba la ioh ĩa ka jylla ba pura haduh mynta, ka sorkar jylla kam pat lah ban pyntreikam pura dalade ĩa ka Indian Forest Act, Indian

Police Service Act bad ka Indian Administrative Service Act, hynrei kitei ki lai tylli ki bynta ki dang hap lang ha ka jingpeit jong ka sorkar Assam.

Ha ka jingwad jingtip bniħ jong u nongthoh khubor la lap ba ka jinglot jong ka sorkar jylla, ka dei na ka jingbym pat lah ban pyntreikam pura ĩa kitei ki lai tylli ki bynta kiba kongsan tam kiba lah ban kyntiew ĩa ka jylla ha baroh ki liang.

Ka jingsynlen ki khlaw hapoh ka District ym lah ban len ba ka dei namar ka jingbym lah ban teh lakam jong ka tñad khlaw ka jylla ĩa ka jingshalan rnga sha ki karkhana saiñ nar kiba don ha Byrniħat bad ha Rwiang

ha West Khasi Hills.

Nalor kata haba pyrshang ban twad jingmut na kiba bun ki nongshong shnong kiba ai wai ĩa ki khlaw ha ki nongkhaĩ rnga, ka daw kaba kongsan ba ki iathuh ka long ba ka dei ka jingban ka jingduk kaba pynlong ĩa ki ban aiwai ĩa ki khlaw ha ki nongkhaĩ rnga.

Ki don pat kiba ong ba ki lah ban leh katba mon ĩa la ka jong, hynrei katei ka jingong ruh ka dei tang ka jingkren kut lad. Lada ka sorkar jylla ka la lah ban pyntreikam pura ĩa ka Indian Forest Act yn ym don u ba nud ban pom wat tang uwei u dieng ruh.

Lada peit nuksa ha kiwei pat ki jylla kum hapoh Assam ym ju lap satia ba ki

nongshong shnong ki nud ban pom dieng bad wat lada ki pom ruh, ki pom katkum ki jingdonkam da kaba pan jingbit na ka tñad khlaw.

Ka tñad khlaw jong ka jylla Meghalaya kam nud satia ban saħ ĩa ki mafia shalan rnga, namar ka kamram jong ki ka long tang ban shong ophis bad pynleit jingmut kumno ban shna project thung dieng man la u snem, khnang ba ka sorkar kam mang pisa kyrpang na ka bynta ban thied symbai dieng bad pynlong program thung dieng man la ka san tarik u bnai jylliew, hynrei haduh mynta ym shymla lap hangno kita ki tynrai dieng ba la thung ki don wat la ka sorkar ka la pynlut da ki phew lak tyngka.

## Rakhe ka Shillong Medical College ĩa ka World Health Day, 2026

**Shillong, Īaiong 07:** Ka tñad pule Community Medicine jong ka Shillong Medical College, ha ka sngi baar ka la rakhe ĩa ka "World Health Day 2026" da kaba pynlong ĩa ki jingtrei kam kiba pher bapther ban kyntiew ĩa ka koit ka khiah. Ban rakhe ĩa kane ka sngi la ong ba la pynlong mynstep da ka jingĩamreh marathon ĩa kaba la shim bynta da ki samla pule bad ki nongpynĩaid ĩa ka Shillong Medical College bad la leit ban jngoh ĩa ka shnong Lum Sohriew kaba hap hapoh jong ka Block Mawphlang.

Kane ka jngleit ka long ban sngewthuh ĩa ka jinglong jingman ka koit ka khiah ha ki nongkyndong bad ban pynsngewthuh ĩa ki brierw ha kaba ĩadei bad ka koit ka khiah halor ka phang ka jingiasnoh ktilang yn ĩoh ĩa ka jingkoit jingkhiah ha ryngkat bad ka jingstad saiħ. Kane ka long kaba donkam ĩa ka jingĩatreilang bad ki paidbah ban pynĩoh ĩa ka koit ka khiah bad ban ai ĩa ka jingĩada bad ĩa kane ka sngi rakhe ĩa ka sngi jong ka koit ka khiah ba long ban kham pynleit jingmut ban pynĩoh ĩa ka imlang saħlang ĩa ka koit ka khiah ĩa baroh.

## Pynbna sngi tyrkhong kiad u DM ha ki jaka khappud bad ka Assam

**Jowai, Īaiong 07:** U District Magistrate ka West Jaiñtia Hills District u Abhinav Kumar Singh IAS mynta ka sngi 6 tarik ula pynmih ĩa ka hukum hapoh ka kyndon 52 (1) jong ka Meghalaya Excise Act 1910 kaba bud lang ĩa ka hukum jong ka sorkar No ERTS (E)10 2013 218, da kaba pynbna paidbah ĩa ki sngi tyrkhong kiad ha ki jaka khappud ka District bad ka Assam. La pyntip ba kitei ki sngi tyrkhong kiad ka sdang naduh ka por 5 baje janmiet jong ka 7 tarik u ĩaiong haduh ka por 5 baje janmiet jong ka 9 tarik u ĩaiong, 2026, shi bynta na ka General Election jong ka Assam Legislative Assembly 2026.

Kane ka hukum bala pynbna kam treikam ha ka ban khynra ĩa kino kino kiba thmu ban khaĩ kiad beaiħ ha kitei ki jaka khappud kynthup ruh ha ka sngi lada don ka jingĩathep vote biang (re-poll), la bthħ ĩa baroh ki dukan die kiad naduh ki bar, ki canteen bad kiwei de kiba don ha khappud kin hap khang khyrdep ha kitei ki sngi ba la kdew.

## Ar sngi yn tyrkhong kyiad ha West Khasi Hills

**Nongstoĩn, Īaiong 07:** Ka Office jong ka Deputy Commissioner (Excise), West Khasi Hills District Nongstoĩn, ka la pynbna ĩa ki Sngi Tyrkhong Kyiad ha baroh kawei ka District, namar ka jingĩaid shaphrang ka General Election sha ka Legislative Assembly 2026 ha ka jylla Assam. Katkum ka hukum ba la pynmih da ka Smti Hema

## Ki ASHA ki dei ki budlum ha ka koit ka khiah, ong ka DC EKHD

**Shillong, Īaiong 07:** Ka Deputy Commissioner ka East Khasi Hills District ka Kong Rosetta Mary Kurbaħ IAS haba kren ha ka jingrakhe ĩa ka "World Health Day" ka la banjur ĩa ka jingdonkam ban shim ĩa ka jingai jingmut ki riew stad, namar ka saiħ na ka wanrah ĩa ki jingkylla ha kiba bun ki liang.

Haba kren ha ka jingrakhe ĩa ka sngi ka koit ka khiah ka Deputy Commissioner ka East Khasi Hills District, ha kaba ĩa kane ka prokram la pynlong ha PCI Shillong, ka la ong ba ka jingdon ki ASHA ka long kaba kongsan namar ki dei ma kiba don ha ki shnong ki thaw kumta ki dei ki budlum ka koit ka khiah ha ka jylla.

## Pynlong Awareness Programme Cum Health Camp ka ophis SDM&HO ha Moosakhia

**Jowai, Īaiong 07:** Shi bynta na ka jingrakhe ĩa ka Golden Jubilee jong ka Amlarem Sub-Division, mynta ka sngi 7 tarik ka ophis Sub-Divisional Medical and Health Officer, Amlarem, ryngkat ka jingĩatreilang bad ka Sub-Divisional Animal Husbandry & Veterinary Officer, Amlarem Sub-Division kila pynlong ĩa ka Awareness Program Cum Health Camp haka Shnong Moosakhia WJHD.

Īa kane ka prokram la pynĩaid da ka kong A. Nongjĩngi (MLHP), katba ka kong Vevotolu Kezo, kaba dei ka Sub-Divisional Officer (Civil), Amlarem ka la long kum ka Kongsan bad plie paidbah ruh ĩa kane ka prokram.

Haba ai jingken kala ban jur ĩa ka jingdonkam ban pynjan ĩa ki jingshakri sorkar sha ki thaiñ nongkyndong lyngba kum kine ki prokram. Kala pynsngew la pynlong ĩa ka Awareness Programme Cum Health Camp shi bynta na ka Golden Jubilee jong ka Amlarem Sub-Division ban pyni ĩa ka jingangnud jong ka bor sorkar ban kyntiew ĩa ka koit ka khiah bad ka bħa ka miat jong ki paidbah.

Shuh shuh kala kren shaphang ki jingpang ki bym lah ban saphriang kum ka jingpang shini, ka jingpang bampong, ka jingpang ha ka jingmut jingpyrkhat bad ka jingpang klongsnam, da kaba ong palat 60 percent na ki jingĩap ha India ki dei na ki jingpang bym lah ban

saphriang.

Kala batai shaphang ka jingpang bampong kaba la nang kiew ha ka thaiñ shatei lammiħngi hapoh ka ri, kumta ka la ban jur ĩa ka jingdonkam ban sumar bad peit bniħ ĩa ka koit ka khiah lyngba ki jinghikai na ki prokram.

Kala ban jur shuh shuh ĩa ka jingdonkam jong ka jingsumar ĩa ki longkmie ba armet bad ki khun, da kaba pynpaw ba ka kmie kaba koit ba khiah ka long kaba donkam na ka bynta ka longiung kaba koit ba khiah bad ki pateng ban wan. Kala pynsngew ĩa ka jingdonkam ka koit ka khiah jong ki longkmie bad ban ĩarap ban pynuna ĩa ka jingĩap jong ki khyllung (IMR) bad ka jingĩap jong ki longkmie (MMR).

La hikai ruh halor ka rukom ri jingri ha ki thaiñ nongkyndong bad ki lad jingĩarap kiba lah ban ĩoh na ki doktor mrad.

U Dr. Arwin Khonglah, Sub-Divisional Medical and Health Officer ka Amlarem, haka jingkren ula pynpaw ĩa ki jingthmu jong kane ka prokram, ban kyntiew ĩa ka jingtip jong ki paidbah halor ka koit ka khiah bad ban ĩoh ĩa ki lad jingsumar.

Ka Dr. Fulfill Rymbai, ka Sub-Divisional Animal Husbandry & Veterinary Officer, Amlarem, ka la ban jur halor ka jingdonkam jong ka kam ri mrad na ki bynta ka kamai kajih bad ka la pyntip sha ki paidbah shaphang ka



Ki paidbah ba shim bynta ha ka Awareness Programme.

Vocational Training Centre kaba don ha Khliehtyrshi, ha kaba la ai jinghikai ban ri mrad khlem jingsiew. Ka la pynshlur ĩa ki nongshong shnong kiba kwah ban shim kabu ĩa ki prokram ai jinghikai bad ki skhim sorkar kiba lah ban ĩoh lyngba ka tñad Veterinary.

U Dr. Damuthimi Lyngdoh, C&RD Block Development Officer, Amlarem, ula pynshlur ĩa ki nongshong shnong ka thaiñ ba kin ĩashim bynta shitrhem ha kum kine ki Awareness Programme bad ki Health Camp ula kyntu ban ĩashim bynta shitrhem ha kum kine ki prokram kiba lah ban ĩoh shibun ki jingmyntoi na ki tñad sorkar bapther bapther bad u la pynshlur ruh ĩa ki nongshong shnong ka thaiñ ban pynrng kyrteng ĩalade na ka bynta u AADHAAR ban ĩoh jingmyntoi.

Ha kane ka prokram la ai jingsumar bad peitbniħ ĩa ki longkmie kiba armet ha shuwa ban kha khun bad kumjuh ĩa ki khynnah da ka Child

Specialist Dr. Bless Sutnga, ka jingleħ test ĩa ki jait jingpang ba bun jait da ka kynhun jong ka Jarain PHC, bad ka jingpynrng kyrteng haka Meghalaya Health Insurance Scheme (MHIS) ryngkat bad ka jingpynĩasih ĩa u Aadhaar.

Na ka tñad Veterinary, la pynsngewthuh halor ki jingpang jong ki jingri jingdup da ka Dr. Fulfill Rymbai, Sub-Divisional Animal Husbandry & Veterinary Officer, Amlarem, bud sa ka Veterinary Health camp bad ka jingsam ĩa ki dawai bad jingbam sngang sha ki nongĩoh jingmyntoi.

Ha kane ka prokram la sam ruh ĩa ki symot sha ki nongtrei ka tñad ka koit ka khiah bad ki Institution halor ka jingtrei shitom jong ki haki bynta bapther bapther, kynthup ĩa ka jingai injek Immunization bad kiwei kiwei ki jingshakri ha ka koit ka khiah paidbah, kum shi bynta na ka jingrakhe ĩa ka Golden Jubilee jong ka Sub-Division.

## Kan dei ka khana pateng ĩa ka skul ban poi sha ka kyrdan nyngkong ha ka SSLC eksam, ong u Principal GPHSS

**Shillong, Īaiong 07:** Kan long ka khana pateng ka kan sah kynnaw ĩa ka Gorkha Pathashala Higher Secondary school (GPHSS) kaba ha une u snem baroh shismem ka rakhe ĩa ka jingdap kaba 150 snem naduh ba la seng ĩa ka naduh u

snem 1876 haduh une u snem 2026 naba laingut na ki khynnah skul jong ka ki la poi ha ka kyrdan top position ha ka SSLC eksam mynta u snem, ha kaba uwei na ki u poi ha ka kyrdan kaba nyngkong eh u samla Wangaal Lama.

baroh ki dukan kyiad, kynthup naduh ki IMFL, canteen, bonded warehouse bad kiwei ki jaka ba la ai laisen, ym shah ban plie satia. Kiba pynkheĩ ĩa kane ka hukum yn shah pynshitom katkum ki kyndon jong ka Excise Acts and Rules. Kane ka hukum ka pydam ĩa ka office order ba mynshwa No. NDEX.9/96/Pt.I/60 tarik 6 tarik u Īaiong 2026.

U la ong ba kan long ka khyllipmat kaba kmen bad ka ban sah ha ka khana pateng jong ka skul naba kadei ha ka sien kaba nyngkong eh ba ka skul ka la ĩoh bad poi ha kane ka kyrdan.

U la ong ba kan long ka khyllipmat kaba kmen bad ka ban sah ha ka khana pateng jong ka skul naba kadei ha ka sien kaba nyngkong eh ba ka skul ka la ĩoh bad poi ha kane ka kyrdan.

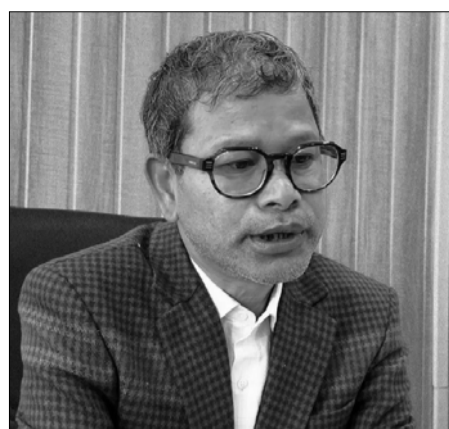
# Sngewkhia u Myntri ka tñad pule puthi ba ĩabeh ki khynnah skul ban wan College tang ha sor

**Shillong, Īaiong 7 :** U Myntri ka tñad Pule Puthi u Bah Lahkmen Rymbui ula pynpaw ka jingbym sngewtynnad halor ka jingĩabeh ki samla pule ban wan sha sor na ka bynta ki jingpule kiba shajrong (higher studies) watla ki don ki stream ne lain pule ha ki college kiba don marjan bad ki.

"Kane ka dei kaba pynduħ mynsiem ĩa ngi kum ka Sorkar Jylla" ong u Bah Rymbui haba ĩakren bad ki nongthoh khubor ha ka sngi Ba-ar. U Bah Rymbui ula kyntu ĩa ki khynnah skul ba kin pynndonkam ĩa ki college ba don marjan bad ki, haba ai nuksa kum ĩa ka Khraw Sing College ha Mawphlang, Patharkhmah bad Nongtalang.

"Ngi la bei pisa kumta, sngewbħa pynndonkam ĩa kine ki jaka pule na ka bynta ki jingpule jong phi" ula kyntu.

U Myntri ula ban jur ba ki jingbei pisa ha ka pule dangle ka dei kaba wan na ka pla tyngka ka Sorkar, ym ka song pisa shimet.



"Shisien ba ngi bei pisa, kam dei satia na ka pla u Bah Rymbui, ka dei na ka pla tyngka ka Jylla" ula ong haba maham ba ka jingkiar ĩa ki college ba marjan ka lah ban lam sha ka jingthei ĩa ka pisa tyngka tang ha ki katto katne ki jaka sor.

## Kum shi bynta na ka "100 Days TB Campaign" pynlong ka NEIGHIHMS ĩa 2 tylli ki jingsumar ei

**Shillong, Īaiong 07:** Ka North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences (NEIGHIHMS) ha ka jingĩatreilang bad ka Meghalaya State TB Control Society, ka la lah ban pynlong 2 tylli ki jingsumar ei kum shi bynta jong ka "100 Days TB Campaign" kumba la bthħ da ka sorkar jylla.

La ong ba ĩa ki Campaign la pynlong ha ka 4 tarik u Īaiong bad 6 tarik Īaiong ha Nangmensong bad Mawryngkneng kum shi bynta ban ĩakhun pyrshah ĩa ka jingpang TB lyngba ka jingĩatreilang bad ki paidbah nongshong shnong.

Ha kine ki jingai sumar

ei, la peit bniħ ĩa ki 116 ngut ki brierw, ha kaba la ĩathuh ba la lap 17 ngut kiba don jingpang TB, bala lap lyngba ka jingleħ X-ray, bad eksamin na shyntur bad la pynthikna ban eksamin kham bħa shuh shuh ĩa ki jingpang jong ki.

Halor kane na ka liang u Prof.Nalin Mehta, Director ka NEIGHIHMS, u la ong, "Ngi ĩaroh ĩa ki jingpyrshang ba la leh da ka NEIGHIHMS. Kine ki Camp ki pyni ĩa ka sienjam kaba kongsan ha ka '100 Sngi TB Campaign', kaba pynpaw ĩa ka jingtreikam jong ka jingĩatreilang hapdeng ki jaka sumar bad ka tñat koit ka khiah jong ka Jylla."

U la ong ruh ba ki Camp ki la ai ruh ĩa ki jingpeit bniħ bad eksamin ĩa ka koit ka khiah ba kyllum, kaba la ai jingmyntoi ĩa ki 32 ngut ki riew paidbah. Ka jingthmu ka pyni ĩa ka jingaiti ban shakri ha ka koit ka khiah na ka bynta ki paidbah, kaba ĩaid wat shabar jong ka jingpeit bniħ ĩa ka jingpang TB.

La ĩathuh ruh ba kane ka Campaign ka pyni ĩa ka jingĩatreilang hapdeng ka NEIGHIHMS bad ka Meghalaya State TB Control Society, ryngkat kiba don ka jingsngewkhia ha ka koit ka khiah bad kiwei kiwei kiba ĩadei bad ki jingpang bapther bapther.

## Ba bteng na Sla 1

## MBOSE SSLC 2026: Ka Pass percentage

ha ka eksamin mynta u snem. U Vishal Kumar uba dei na ka Embee Rosebud Higher Secondary School, Tura u la bud marjan ha ka kyrdan kaba ar da kaba ĩoh 576 marks.

Īa ka kyrdan kaba lai la ĩasam lang hapdeng ka Prajukta Roy na Seven Set Higher Secondary School, Shillong bad ka Prinita Das na Pechon A Sangma Memorial Police Public Secondary School, Tura, baroh arngut ki la ĩoh 575 marks.

Ha ka kyrdan kaba saw,ki don lai ngut ki khynnah - u Samdi Mukhim na ka St. Anthony's Higher Secondary School, Shillong, u Nathanael Mantre Laloo na Seven Set Higher Secondary School, Shillong, bad ka Wandarihun Lyngkhoi jong ka Anderson Higher Secondary School, Nongstoĩn - kiba ĩoh 572 ka marks.

Ka Jenita Pator na Sawlyngdoh Higher Secondary School, Mowkaiaw ka la ĩoh ĩa ka kyrdan kaba san da kaba ĩoh 571 mark, kaba pyndep ĩa ka thup top five rank kiba bat ĩa ka kyrdan ba ha khlieħ duħ ha ka jylla.

Ha kaba ĩadei bad ka jinglah ban leh bħa mynta u snem ki khynnah shyngrang ki ĩoh ĩa ka pass percentage ka long 94.14%, katba ki khynnah kynthei ki ĩoh ka long 92.88.

Ha ka liang jong ki distrik, katkum ka result ba pynpaw ki jingpher ba jur ha ki thain.Ka West Jaiñtia Hills ka la paw kum ka district kaba la leh bħa tam da kaba ka jingpass ka long 94.99%, bud sa ka South West Khasi Hills kaba 94.60% bad ka East Khasi Hills kaba 94.17%.Ka East Khasi Hills ruh ka dei ka bhah kaba heħ tam jong ki khynnah kiba pass bun ha ka jylla.Ha kawei pat ka liang, ka East Garo Hills (72.33%), North Garo Hills (72.70%) bad South West Garo Hills (74.54%) ki la ĩoh ĩa ka jingĩoh pass kaba duna tam.

Ka jingĩanujor bad ki snem ba la dep ka pyni ĩa ka jingkieħ ha ka jinglah ban leh bħa naduh u snem 2025, ha kaba ka pass percentage ka la kiew sha ka 87.10% na ki kyrdan kaba kham shapoh ha ki snem ba la dep.Ka result jong u snem 2026, kaba long 86.84%, ka pyni ba ka jinglah ban leh bħa ki khynnah.

## "Nga la aiti lut ngam don jingbabe shuh" ong u

jingkhynwin da kaba ong "Ynda ki la ĩathuh ĩa nga halor ka result jong nga, ngam lah satia ban ngeit. Nga la kmen palat".

Halor kane ka jingjop, u Lama ula ban jur ĩa ka jingngeit halade bad ka jingtrei shitom.

"Phim dei ban don ka jingsngew ba phi kham poh ban ĩa kiwei kaba nyngkong eh ka long ba phi dei ban don ka jingngeit halade" ula ai jingmut.

U Lama ula kyntu ĩa ki paralok ban long trai ĩa la ka sap bad don ĩa ka jingshemphang ha ka jingim. "Wat long ki ĩiang bam kot, phi dei ban don ĩa ka jingshemphang ha ka jingim. Dei ban don ĩa ki jingtip kaba jylliew halor ki mat bapther bapther bad haba phi thoh, thoh naduh ka dohnud jong phi" ula ong.

Halor ka lawei ka bym pat shim rai, u Lama ula ong "U Blei un sa ĩarap ĩa nga ban shem ĩa ka jingthmu jong nga ha ka jingim. Wat pyrkhat ĩa nga kum u topper.Nga shu pule. Nga tip ba da ki hajar ngut ki kmih lynti ĩa kane hynrei donbok nga wan hakhlieħ duħ".

u la ong ba kum ki khynnah pule dei ban pule bħa baroh kawei ka kot bad ban lok paralok ba ĩajan bħa bad ki kot pule nangta ban shah shkor bħa ĩa ki nonghikai bad ka internet pat ka wan hadien haba don kino kino ki jingsngew artatien.

Haba kren bad ki nongthoh khubor u la pynpaw shuh shuh ĩa ka jingkmem kaba khraw ban kynjoh sha ka thong kaba um poi pyrkhat bad u la ai nguh ĩa U Blei, nangta ĩa ki kmie ki kpa kiba la kyrshan ĩa u naduh ba sdang, ĩa ki nonghikai bad kumjuh ruh ĩa

ka skul baroh kawei.

U la pynpaw ka jingsngewkmen ba u la wanrah ka jingsarong ĩa ki kmie ki kpa, ĩa ki nonghikai bad ban kyntiew ruh ĩa ka burom jong ka skul.

Halor ka social media u la ong ba lada pynndonkam hok lah ban ĩoh ki jingĩarap babun hynrei lada pynndonkam bakla kan long pynban kum ka biħ.

Katba u samla Aditya Thapa uba wan ha ka kyrdan kaba 7 bad u Sharat Chetri uba wan ha ka kyrdan kaba 8 na kane ka juh ka skul ki la ong ba ki don ka thong ban nang pule khambħa shakhmat khnang ba kin lah ban pynurlong ĩa la ki jong ki jong ki jingthmu.

Haba phai pat sha ki bynta kiba kum ki khynnah skul kiba la poi sha ka kyrdan kaba ym shymla la poi pyrkhat naba ki hap ban ĩakhun bad kiwei pat ki skul kiba la ju paw manla ka snem kiba don ha nongbah Shillong ki la ong, "Ngi la ju ĩohi ba manla u snem ba kiwei ki skul ha Nongbah Shillong ki paw bad wan shakhmat bad dei halor kine ba ngi la pynkreh ruh ĩalade ban ĩakhun bad kine ki skul bad mynta u snem ngi la lah ban ĩoh ĩa u soh ban pynpaw ĩa ka skul la jong ha kane ka sien kaba nyngkong," ong kitei ki khynnah skul.

Haba kylli ĩa ki thong ba ki buħ hakhmat hadien habud ban pynkhreh lypa ĩa ki jingim jong ki, kine ki khynnah skul ki la ĩathuh ba ki don ki jingangnud ban kyntiew ĩa ka jylla, ban pynkhreh ruh ĩa ki eksam Civil Service ban rah nam ĩa ka jylla, nangta don kiba don ka thong ban shna phlim, ka kam shet jingshet bad kiwei kiwei ki thong.