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‘Yn nym pat pynmih ia ka risol (interview) kat bympat dep ka jingtohkit’

Iapatrong ki pulit bad u MDC Nongstoiñ ha phyllaw jong ka DC Ophis

Nongstoiñ, Nailur 30: Hadien shi sngi ba ki dkhot jong ka Voice of the Peoples Party State Youth Wing, ha ka jingialam jong u MDC Nongstoiñ ki la rung ban pynsangeh ia ka Personal Interview kam Staff Nurse ha DC Ophis, hynne ka sngi ki la leit biang sha DC ophis ha ryngkat ki jingthoh bad sakhi satar halor ka jingkyndang ba la paw ka kam bam sap bad kim don jingshaniah shuh ia ka jingkhot pynlong thungkam hapoh MCH Hospital Nongstoiñ.

Naduh ka por 9 baje mynstep u MDC u Dr

La thung ia ka komiti tohkit halor ka jingkyndang bam pisa ha ka thungkam Nos ha MCH Nongstoiñ



Juristman Iawphniaw ryngkat ki dkhot ka State Youth Wing ki la leit ban ap ha khyrdop DC ophis, ryngkat ka jingkyrmen ban ioh rung bad iakren bad ka Deputy Commissioner halor kane ka kam ha ryngkat ruh bad ka jingthoh.

Pynban watla ki la ap haduh ar kynta shiteng, ym shym la don brieve ba wan ban khot iakren bad la pynap pynban da ki pulit pahara ha khyrdop bad la khang ruh ia ka khyrdop ban ym shah iano iano ruh ban rung shapoh phyllaw jong ka ophis.

Bteng sla 5

Ai jingmynjur u Lat ka jylla ha kaba iadei bad ka symnod ST na ka bynta ka elekshon sha ka GHADC

Shillong, Nailur 30: Ka elekshon sha ka Garo Hills Autonomous District Council (GHADC) yn pynlong da ka thup thep vote ba la ka jong tang ki riwulum khlem kynthup ia ki bym dei riwulum, hadien ba u Lat ka jylla u CH Vijayashankar u la ai ia ka jingmynjur halor ka jingpynkylia ia ka aiñ thep



vote jong ka council. Ki tyllong khabor ba thikna ki la iathuh ba u Lat ka jylla u la ai ka jingmynjur ia kane ka jingpynkylia ne ka amendment ha ka sngi Ba-ar, ka 29 tarik u Naiwieng. Hadien kane ka jingmynjur, ka sorkar Meghalaya ka la pynmih ia ka jingpynbna jong ka GHADC

Bteng sla 5

Ba weng ia kawei ka bynta jong ka Land Act 2021

Ther ka NPP ia ka VPP ba kheiñ dewthala ia ka bor ka iktiar ki Rangbah Shnong

Shillong, Nailur 30: Ka National People Party (NPP) kala ther tyngeh ia u Bah Ardent Miller Basaiawmoit bad kumjuh ruh ia ka party jong ka Voice of the People Party (VPP) halor ka jingweng noh jong ki ia kawei na ki section jong ka Land Act 2021, kaba dei ka bynta ba kongsan eh katkum ka riti dustur bat khyndew bat shyiap bad ka synshar khaddar ha ka jaitbynriew ka

jong ngi.

Haba pynshai halor ka jingkreng jong u Bah Ardent Miller Basaiawmoit, u General Secretary jong ka National People Party Farmers Front u Bah Egentstar Kurkalang u la ong, Ki Dorbar Shnong ki Dorbar Raid ki Dorbar Hima kidei kiba ha khlieh duh ban peit ia ki kam jaka puta naduh ban ai dulir bad sam bynta

Bteng sla 7

Pynkhlaiñ ka sorkar jylla ia ka jingiadei bad ka UNWPF ban pynbiang marbam

Shillong, Nailur 30 : Ka Meghalaya ka la pynthymmai ia ka jingiadei bad jingiathelok bad ka UN World Food Programme (UNWFP) ban pynkhlaiñ ia ki kam halor ka jingdon pahuh ka marbam, ki jingbam tei met bad ka jingpynkylia ha ka PDS, da ka jingpynkylia ia ka soskular bala iasoi ha Delhi ha ka sngi Balang.

Bteng sla 7

Kumba 283 tylli ki shnong ha Meghalaya ki iatreilang hapoh ki Watershed ban pynneh ia ki jaka pynlang um

Shillong, Nailur 30 : Ka sienjam ba la shim hi da ki paidbah ban wanrah jingkylla ha ka rukom pynneh pynsah ia ki jaka pynlang um lyngba ka Reform Utsav kan sdang naduh ka 02tarik Risaw, 2026 ha kaba kin don haduh 9593 tylli ki Gram Panchayat ha baroh kawei ka ri kiban sam jingtip lyngba ki Gram Sabha hapoh ka People's Plan Campaign - Sabki Yojana Sabka Vikas.

Bteng sla 7

Kiew 600 ngut kiba pynrung kyrteng

Nang pynbun u ma Sniawbha ia ki jaka ai jinghikai pynthoit ia ki samla pule

Shillong, Nailur 30 : U Symbud Myntri Rangbah bad MLA jongka Nartiang Constituency lyngba Ka Sniawbhalang Dhar Pathfinder Free Tuition Program 2.0 u la iohi ia ka jingiar ka jingai jinghikai ei lane free tuition ia ki samla pule kumta u la kyntiew ia ka jingdon jong ki Centre ka la kiew ar shah na ka 3 sha ka 6 bad ka jingpynrung kyrteng ki samla pule kala kiew sha ka 600 ngut.

Bteng sla 7

Kynnoh ba lum 200-500 tyngka na kawei kawei ka trok

Hiar khynra ka KSU ia ki jaka lum pisa ki pulit ha Mawkhanu bad Thangshalai

Shillong, Nailur 30 : Ka Khasi Students' Union (KSU), ka la hiar khynra bad sei madan ia ki kam dawa pisa be-aiñ ba la kynnoh donkti da ki Pulit ka Jylla ha ka surok National Highway ha Mawkhanu bad Thangshalai kaba hap hapoh ka Mawryngkneng Police Station.

Ia kane ka jingkyndang kam beaiñ ki pulit la ialam da u Education Secretary ka KSU-CEC samla Alerick Kharjana, kaba la

leit jurip ban ioh kem ia kane ka kam be-aiñ hadien ka jingioh pdiang ia ki jingujor na kiba bun ki brief.

Ki dkhot ka KSU kila ring video ban pynshisha ia kane ka kam beaiñ jong ki Pulit-kiba pyni ruh ia ki pulit katba ki dang shim pisa na ki trok kiba kit tiar, kit marpoh khyndew, kit marbam. La kynnoh ba ki Pulit kila khroong

Bteng sla 5

Ha along bad 1lak ka kuna ia ki nongaikam

Maham ka tnad Labour ia ki nongbylla barjylla ba rah da ki slip thok

Shillong, Nailur 30: Ka Labour Department ka la maham ba kan pynshitom katkum ki kyndon jong ka aiñ lada lap ia ki certificate lane ki slip thok ha ka jingrejistar ia ki nongbylla bar jylla ha ka por ba ki pyni ha ki khyrdop talasi (check gate) bapher bapher kiba don ha ka jylla.

Ia kane la pyntip da u Labour Commissioner, Bah Banteilang Kharshandi, ha ka kyrwoh kaba la pynmih ha ka Sngi Balang. Shuh shuh u la ong ba ka jingpyniapher lane ka jingpynkylia khlem jingbit ia ki kot ki sla da ka jingthmu ban leh thok ka long ka kam kaba lah ban shah pynshitom hapoh

Section 336 jong ka Bharatiya Nyaya Sanhita. Kane ka jingmaham ka wan ryngkat bad ka jingpynkynmaw biang ia ka Meghalaya Identification, Registration (Safety & Security) of Migrant Workers Act & Rules 2020, kaba pynbor ban rejistar ia baroh

Bteng sla 5

Lah ban wan Shillong u Amit Shah na bynta ka President's Colour

Shillong, Nailur 30 : U Myntri Kampohing ka Ri, u Amit Shah la khmih lynti ba un wan sha Shillong ha ka 4 bad 5 tarik Risaw, na ka bynta ka jingialang ban pynkup burom da ka khusnam President's Colour ia ka Meghalaya Police ha ka prokram kaban long ha JN Stadium, Polo ha ka 5tarik Risaw.

Kumta na ka daw ka

jingwan jong kiba bun ngut ki VIP bad ki kynrem ki lyndan, na ka liang ki bor pyniaid distrik jong ka East Khasi Hills District ka la buh ka jingmaham ban pynher drone sawdong jong katei ka jaka pynlong jingialang.

Na ka liang u District Magistrate, Abhilash Baranwal, ha ka hukum kaba la pynmih hapoh ka Section 163 jong ka BNSS ha ka 29

tarik Nailur, u la pynbna ia ka jingkhang ban pynher drone lane ka No-Drone Zone hapoh ka jingingai 3 kilometre na JN Stadium.

Kane ka jingpyrkhing kan treikam naduh ka 2 tarik haduh ka 5 tarik Risaw.

Ka hukum ka ong ba la pynmih ia kane ka hukum exparte namar ka jingdonkam kyrkieh, bad kan treikam mardor.

No-Drone Zone ha Polo naduh ka 2-5 tarik u Risaw

Shillong, Nailur 30 : U Amit Shah uba dei u Myntri kam Pohing ka Ri la khmih lynti ba un wan sha Shillong ha ka 4-5 tarik Risaw na ka bynta ka jingialang ban pynkup burom da ka khusnam President Colour ia ki Pulit ka Jylla ha JN Stadium, Polo.

Namar kane ka jingwan une u Myntri bad ki Heh Sorkar, ki bor pyniaid district jong ka East Khasi Hills kila pynjari da ka jingpyrrkhing ban pynher drone ha sawdong kane ka jaka.

U District Magistrate u Abhilash Baranwal ha ka hukum bala pynmih hapoh ka kyndon 163 jong ka BNSS, ula pynbna kum ka No-Drone Zone ha sawdong u pud ba 3 Km jong ka JN Stadium.

Kane ka jingpyrrkhing kan treikam naduh ka 2 tarik Risaw haduh ka 5 tarik Risaw.

La lap ia ki arngut shitnga kiba jah ha Nongjri suba ba ki shah pyniap dusmon



Mawkyrwat, Nailur 30 : Ki paidbah nongshong shnong ka thaini Nongjri ha ka por kumba 1 baje noh phai sngi jong ka 29 tarik u 'Nailur, 2026 ki la lap ia ki ar tylli ki metiap na ka shnong Nongjri, South West Khasi Hills District.

Ha ka kyrwoh ba la phah da u Bah B. Jyrwa, MPS, uperintendent of Police, South West Khasi Hills District la ong ba ha ka 28

tarik u 'Nailur, 2026, ka Mawsynram Police Station ka la ioh pdiang ia ka ehjajar kaba iadei bad ka jingiah jong ka Aijingsuk Kharbani bad u Kop Lapang, kiba dei shongkurim, ha ka 26 tarik u Nailur, 2026, ha ka por kumba 3:00 baje janmiet ha Iew Nongjri, South West Khasi Hills District ha kaba haduh katei ka por, kine ki

Bteng sla 5

Pynpaw ki nongrep bad RS Shnongrim iakaei kaba ki khmihlynti na ka Fact Finding Committee

Khliehriat nailur 30: Ki paidbah nongrep kiba na Shnongrim Elaka Nongkhlieh East Jaintia Hills Distric lem bad u Rangbah Shnong, Secretary Shnong, kiba la soi kyrteng ha ka jingthoh ba la buh hakhamat

ka Fact Finding Committee bad ki la pynpaw shibun kiei kiei kiba ki khmihlynti na ka Fact Finding Committee ha kaba iadei bad ka project tih mawshun jong ka company Shree Cement ha Lum Syrman ha elaka

Nongkhlieh.

Katkum ka jingthoh ki la pynpaw da kaba ong “Ngi kyrpad da ka ba burom ia ka Committee ban pynlong ia ka jingtohkit kaba shisha ban lap ia ki jingshisha, ym tang

Bteng sla 7

Ka kam nonghikai ka dei ka kam kaba khia bad kaba don burom (Albert Maring, Ri Bhoi)

Ka kam nonghikai ka dei kawei na ki kam kiba kham khia bad kiba don burom tam ha ka imlang sahlang. Ki nonghikai kim dei tang kiba ai jinghikai ha ka klas, hynrei ki dei ruh kiba tei ia ka jingmut jingpyrkhat, ka akor ka burom bad ka jinglong brieve jong ki khynnah. Ka lawei jong ka ri bad ka jaidbynriew ka shong shibun ha ka jingaiti bad ka jingtrei shitom jong ki nonghikai. Kumta, ka kam nonghikai kam dei satia ka kam kaba suk hynrei ka dei ka kam kaba don ka jingkitkhlieh kaba khraw.

Hynrei, watla ka long ka kam kaba don burom, kam long kaba suk ban long ki nonghikai. Ki khynnah kiba



wan sha skul ki wan na ki longiing bapher bapher. Don kiba wan na ki iing kiba don ka jingkyrshan pura na ki kmie ki kpa, hynrei don ruh kiba wan na ki longiing kiba duk, kiba don jingeh ha ka liang ka ioh ka kot, kiba duna ka jingbisha bñiah na ki kmie ki kpa, lane kiba mad ia ki jingeh ha ka jingim. Kumta, ki nonghikai ki hap ban peit ym tang ia ka pule puthi hynrei wat ia ka jinglong jingman jong ki khynnah.

Ha ka por ba ki hikai, ki nonghikai ki hap ban long kum ki kmie, ki kpa, ki nongai jingmut, ki nongpynshlur bad ki nongpynbeit jingeh. Bun ki khynnah

ki wanrah ia ki jingeh jong ka iing sha skul, bad bunsien dei ki nonghikai kiba hap ban pynshlur bad pynsngewskhem ia ki. Kane ka pyni ba ka kam jong ki nonghikai ka kham jylliew ban ia kaba bun ki brieve ki mutdur.

Nalor ka jinghikai ha ka klas, ki nonghikai ki hap ban pynkhreh ia ki lesson plan, ban peit ia ki kot eksamin, ban thoh report, ban pynkhreh ia ki prokram skul, ban leit sha ki jingialang bad ban pyndep ruh bun kiwei pat ki kam ba la bynta da ka bor pyniaid skul. Kum kine ki kam baroh ki shim por bad ki shim bor, hynrei bunsien ym ju don ka jingithuh paidbah halor kane.

Ha kane ka juk ba ka teknoloji ka la nang kiew stet, ki nonghikai ki hap ruh ban iai pule bad pynthit ialade khnang ba kin lah ban pyndonkam ia ki rukom hikai kiba thymmai.

Ki khynnah mynta ki la nang pyndonkam ia ki mobile phone, internet bad social media, kaba pynlong ia ka jinghikai kaba kham eh hynrei kaba donkam ruh ban pynwandur da ki buit thymmai.

Watla ka jingkitkhlieh jong ki nonghikai ka long kaba khraw, hynrei bun na ki, khamtam kiba hikai ha ki skul rit kiba pyniaid da ki riw shimet lane ki kynhun paidbah, ki ioh pat da ka tulop kaba rit eh. Ki nonghikai ki hap ban hikai haduh san ne hynriew kynta man ka sngi, hynrei haba kut u bnai ki ioh da ka bainong kaba ym lah ban pyndap wat ia ki jingdonkam ba man ka sngi.

Ha kane ka juk ba ka dor jong ki marbam, ka bai leit bai wan, ka bai sumar, ka bai pule bad kiwei ki jinglut ki

Bteng sla 7