

# Kut noh ka 11th State Shooting C'ship 2026; Wanpoi 128 ngut ki nongialehkai



Shi bynta jong ka jingiakop siat suloi bad pistol jong ka lypmung 11th State Shooting Championship 2026 ba la pynlong da ka Shooting Association of Meghalaya ha Assam Regimental Centre ha Shillong.

**SHILLONG, Naitung 06:** Ka sienjam ba 11 jong ka Meghalaya State Shooting Championship 2026 ka la poi sha kaba kut hadien ka jingiakop siat kaba 6 sngi lynter ha Assam Regimental Centre, Shillong.

Kane ka lypmung ba la sdang naduh ka 30 tarik u Jylliew haduh ka 05 tarik u Naitung, 2026, ka la lumlang shi jaka ia ki 128 ngut ki nongialehkai iakop siat na ki hynriew tylli ki District kiba iakhun ha ki 68 tylli ki kyrdan ialehkai.

Kane ka jingiakop ka la long ruh kum ka rynsan pynkhreh ba kongsan hashwa ka lypmung ialehkai '39th National Games 2027', kaba yn sa pynlong da ka jylla Meghalaya. Ki District kiba la sei ia ki nongiashim bynta ki kynthup ia ka East Khasi Hills, West Khasi Hills, East Jaintia Hills, West Jaintia Hills, North Garo Hills, bad ka West Garo Hills. Ka jingbun ki nongialehkai ka pyni ia ka jingjylliew bad ka jingroi jong ka jingiakop siat ha kylleng ka Meghalaya.

Kane ka lypmung ka la khring ruh ia ki nongiashim bynta kiba dang khynnah bad kumjuh ruh kiba la rangbah tam.

Uba khynnah tam u dei u Kerdaiai Syiemlieh, uba dang 12 snem ka rta bad u shim bynta ha ka iakop siat Air Rifle ba 10 mitar, katba uba rangbah tam u dei u John Kharshiing, 64 snem ka rta ha ka Senior Masters Pistol 25M — ha kaba ka jingiapher ka long 52 snem hapdeng kine ki arngut.

Sa shi sien ka Assam Regimental Centre ka la pynbiang ia ka jaka bad ki tiar ban pyndonkam na ka bynta kane ka championship kaba hynriew sngi lynter. Ka jingsam khunam la pynlong man ka sngi sha ki nongialehkai kiba la jop ha la ki jong ki kyrdan.

Ha ka 03 tarik Naitung, ki kynrem ki lyndan ki kynthup ia u DIG Naitung jong ka BSF Jowai Sector, Retd. Col. Aibanjop Soating, PWD Under Secretary Phrangki Pale, bad MSGEEF Secretary General Kong B. Kharshandi. Ha ka 04

tarik Naitung, ki kongsan ki kynthup ia u Paiem K.M. Syiemlieh, Dy Syiem ka Hima Nongkhaw, bad u Vedant Jain.

Ia ka jingialang pynhap pyrda, kata ha ka 05 tarik Naitung, la ialam da u Dr. Vijay Kumar D, IAS, Commissioner & Secretary jong ka tnad ialehkai ka sorkar Meghalaya, uba la iadonlang kum u Kongsan ban sam ruh ia ki khunam sha ki nongialehkai kiba kynsai.

Haba ai jingrem u Dr. Vijay Kumar, u la pynksan ia ki jingkorjong jong ka jinglong ryntih, ka jingpynleit jingmut bad ka jinglong kaba thikna, bad ong ba kine ki jinglong kin iarap ia ki nongialehkai ka Meghalaya ban buh dak pynsah nam ha ka ri baroh kawei.

U la pynbna ruh ba ka sorkar ka la rai ban buh ia ka Integrated Shooting Range ha kane ka jylla, ka ban neh slem bad ka ban long ka jingmyntoi na ka bynta ki nongialehkai.

Na ka liang u President ka Shooting Association of

Meghalaya (SAM), bah John F. Kharshiing, u la kren halor ka jingtei ia ka pateng kaba neh na ka bynta ka jingialehkai iakop siat ha ka jylla bad pynpaw ka jingsngew skhem ha ka jingpynkhreh jong ka Meghalaya na ka bynta ka National Games 2027.

Ha kane ka sngi la sakhi lang ruh da u Commandant ka Assam Regimental Centre u Brig Vikas Rai Shadilya bad u Deputy Commandant Col.Mahender Pde.

Haba ai khublei, u General Secretary jong ka synjuk u Neil Sootinck, u la iaroh ia ki sap kiba mih na man la ki District bad pynskhem biang ia ka jingangrud jong ka Association ban pynbiang ia ki jaka ialehkai kiba kham khlaif na ka bynta ki nongialehkai.

U la ai khublei ruh ia ki nongialehkai siat suloi, ki kmie ki kpa, ki coach bad ki nongtrei ka Assam Regimental Centre kiba la ai ka jingkyrshan ban pynlong ia kane ka lypmung kaba seisho.

# Sdang ka National Pencak Silat C'ship 2026 kaba lai sngi ha Shillong



**SHILLONG, Naitung 06:** Ka sienjam ba 14 jong ka Senior National Pencak Silat Championship 2026-27, kaba lai sngi, ka la sdang naduh hynne ka sngi Nyngkong, ha SAI Multi Purpose Indoor Stadium.

Haduh kumba 1500 ngut ki nongialehkai kynthei bad shynrang na kylleng sawdong jong ka ri, ba kynthup lang ia ka kynthun ialehkai jong ki

tnat Pulit, ka Services bad kiwei kiwei, ki la wan ban iashim bynta ha kane ka lypmung mynta u snem.

Ia kane ka lypmung kaba lai sngi la pynlong da ka Indian Pencak Silat Federation (IPSF) ryngkat ka jingiatreilang bad ka Meghalaya Pencak Silat Association (MPSA).

Ka Pencak silat kadei ka jait jingialehkai martial art

na Indonesia kaba dei shi bynta jong ka jingialehkai ha ka Asian Games. Ki nongiashim bynta ha kane ka jingialehkai ki iakhun ha baroh ar ki kyrdan, kata tanding bad ka seni.

La wan plie pyrda ia ka da u Working President ka Meghalaya State Olympic Association-bah John F Kharshiing, bad na ka liang ki nongialam ki la kyntu ban



pynrung ia kane ka jingialehkai ha ka National Games, ban sa long ha kane ka jylla ha u snem ban wan.

Haba kren kum u kongsan, u bah John u la pynpaw ba ka rai ban jied ia ki jait jingialehkai naka bynta ka National Games ka dang ia id shakham bad ki jingiakren ki dang ia id hapdeng ka sorkar pdeng, ka sorkar jylla, ka Indian Olympic Association bad

ka MSOA.

Ha ka jingoren jong ka kong Philia Thomas, Senior Vice-President ka IPSF, ka la iathuh kumno ka pencak silat ka la roi ha India ha kine ki snem. "Shi snem mynshwa kane ka jingialehkai kam don jingithuh, kam don ki jingtei, kam don ka lawei. Ki don tang katto katne ki coach kiba aiti lut bad katto katne ki nongialehkai ha ki

katto katne ki jylla kiba la pynlong ia ka ban ia id shaphrang," ka la ong.

"Mynta la lah ban pynurong ia ki Championship ha ka kyrdan jong ki distrik, ki jylla bad ka ri bad ka ri India ka la lah ban jop ia ki takma ha ki rynsan iakop bar ri. Ngi la pynlong ia ka pencak silat ba kan long jong ngi."

Hadien kane, la ioh ruh ia ka jingoren na u Kishore Yealiah, President jong ka ka Pencak Silat Federation of India bad kumjuh ha u kongsan da u Deep Kumar - Co-ordinator North East Pencak Silat Federation.

Ha shwa ban pynkut ia ka jingialang plie ka la don ka jingpyni ia ka rukom ialehkai jong ka pencak Silat kaba la pyni da ki samla kynthei bad shynrang.

# SSA U-20 4th Division 2026: Rung Semi final ka Golflink SC

**SHILLONG, Naitung 06:** Ka Golflink SC ka la pynthikna ia ka jong ka jaka ha ka Semi final jong ka Shillong Sports Association U-20 4th Division Football League 2026 da kaba pynliem ia ka Iatylli SCC da 3-1 hynne ka sngi Nyngkong ha ka jingiaikhun Quarter final.



Haba phai sha ka jingialehkai ka Golflink ka la ioh ba kan lamkhamt shuwa lyngba ka kol jong u Jilistin Warbah (9') hynrei ka Iatylli SCC ka la pyniakhaid shipor lyngba u Kitbok Maskut (33').

Hynrei ka Golflink ka la wanphai da kaba tyngeh ha ka kylla miet ban thep ar tylli ki kol lyngba u Dibian Suting (72') bad u Micky Makri (80').

Ka jingiaikhun Quarter final jong ka SSA U-20 4th Division Football League 2026 ha kane ka sngi Ba-ar (07.07.2026) kan long ha ka por 4 baje janmiet hapdeng ka Mawpdang SC pyrshah ia ka Them Rangshken SC.

# FIFA WC 2026: Pynkyndit u Haaland ia ka Brazil; Rung ka Norway sha ka QF

**Nangjur ka jingiaknieh 'But ksiar' hapdeng u Haaland, Mbappe bad Messi.**

**NEW JERSEY, Naitung 06:** U Erling Haaland (79 & 90') u la pynkyndit ia ka Brazil da kaba pynkhihjar ar sien ban pynthikna ia ka jingjop kaba khrow tam ha ka histori jong ka phutbol jong ka Norway bad ban ialam ia ka kynthun sha ka Quarterfinal jong ka FIFA World Cup ha ka sien kaba nyngkong.

Ha kane ka jingiaikhun Round-16 kaba la long ha New Jersey Stadium, ka Norway ka la lah ba kan pynliem noh da 2-1 ia ka Brazil, ka kynthun kaba la jop san sien ia ka nam lahduh.

Kane ka dei ka sien kaba nyngkong eh ia ka Brazil ban khyllim noh ha ka Round-16 naduh ka World Cup ha Italy ha u snem 1990, ha kaba ka la shahrem noh ha ka Argentina.

Ka Norway ka donkam mynta satang ar tylli ki jingjop ban poi sha ka jingiaikhun ka ban rai ia ka nam lahduh, da kaba shanniah tylli ha ki kol ba hynriew bad ba hynriew jong u Haaland. Da kaba



U Haaland ka Norway ryngkat ki paralok hadien ba u la pynkhihjar ha ka jingiaikhun pyrshah ia ka Brazil.

thep ar kol ka pynlong ia u ban iaryngkat kyrdan bad u Kylian Mbappe bad u Lionel Messi, bad ha kajuha por ka jingiaikhun ban iaknieh

ia ka Adidas Golden Boot ka la nang jur.

Baroh ar tylli ki kol kiba u Haaland u la ioh ban thep kidei lyngba ki bol pashat

ba thikna jong u Andreas Schjelderup, kaba nyngkong u la thep da ka khlieh, kaba ar pat da kaba pyrshang kham pajih ia ka kol.

Ha ki minit pynlan ba khatduh eh, ka Brazil ka la ioh thep shi kol lyngba ka penalty ba la shut da u Neymar, hynrei kam shym la biang ban pynkylla ia ka jingialehkai, bad ka Norway kala jop da 2-1.

Ka Brazil ka la dei ban ioh lamkhamt nyngkong ia ka jingialehkai lynda dei ka jingtbit jong u Orjan Nyland, rangap kol ka Norway, uba la khanglad ia ka penalty jong u Bruno Guimaraes ha ka minit kaba 15 jong ka kylla step.

Mynta u Haaland u la lah ban thep 62 kol ha ki 54 tylli ki jingialehkai na ka bynta ka Norway. U la pynkhihjar ruh ha kawei pa kawei na ki 14 tylli ki jingialehkai ba khatduh jong u na ka bynta ka Norway, da kaba thep 27 kol. Mynta ka Norway kan aireng pyrshah ia ka England ha ka Round-16.

# Da ka said pynliem ka England ia ka Mexico ban pynthikna ia ka QF pyrshah ia ka Norway

**MEXICO CITY, Naitung 06:** Ka England ka la pynskhem ia ka jaka ha ka Quarterfinal jong ka FIFA World Cup 2026 hadien ba ka la pynliem noh ia ka Mexico da 3-2 kol ha Mexico City Stadium, watla ka la ialehkai bun ka por ha ka kylla miet da tang shipew ngut ki rangialehkai.

Kane ka dei tang ka jingiaikhun kaba ar jong ka FIFA World Cup hapdeng ka Mexico bad ka England, ha kaba ka England ka la jop da 2-0 ia ka jingialehkai group

stage ha u snem 1966 ha ka lynti ban rah ia ka trophy.

Kane ka jingjop ka la pynkut ruh ia ka rekod khlem shah rem jong ka Mexico ha ki jingialehkai FIFA World Cup ha Mexico City Stadium. Kane ka dei ka jingialehkai kaba nyngkong eh jong ka England ha Mexico City ha ki 40 snem, naduh ba ka la shah rem da 2-1 ha ka Argentina ha ka jingiaikhun quarter-final jong ka FIFA World Cup 1986.

U Jude Bellingham (36 &

38') u la pynkhihjar ar sien hapoh 98 sekhon ban pynlong ia ka England ba kan lamkhamt 2 kol da kaba pynkhihjar naki bol pashat jong u Bukayo Saka bad u Harry Kane.

Nangta hadien saw minit ka Mexico ka la lah ban pynduna shiteng ia ka kol lamkhamt, kata ha ka minit kaba 42, hadien ba u Julian Quinones u la shim kabu ia ka jingbym lah u Ezri Konsa ban pyllait ia ka bol na ka jingma.

Khyndai minit ha ka

kylla miet ka Mexico ka la ioh ia ka kabu ban synshar hi ia ka jingialehkai hadien ba u Jarell Quansah u la shah beh noh na madan na ka daw ba u la pynur ia u Jesus Gallardo.

Hynrei dei ka England kaba la pynkhihjar nyngkong ha kane ka kylla miet hadien ba u Anthony Gordon u la shah pynur hapoh box da u rangap-kol ka Mexico u Raul Rangel, shuwa ba u Kane (60') un thep ia ka penalty ban pynlan ia ka kol lamkhamt da 3-1 kol.

Watla katta ruh ka Mexico ka la ioh ia ka la jong ka kabu na ka penalty hadien ba u Kane u la kum pynur ia u Brian Gutierrez ha ka jingpyrshang ban pynkiar ia ka bol na ka jingma. Khlem da pynsepei u Raul Jimenez (69') u la lah ban thep ia katei ka penalty ban ai jingkyrmen ia ka Mexico ha ka jingpyrshang jong ka ban wanphai.

Hynrei ha kaba kut ka kynthun jong u Thomas Tuchel ka la lah ban shah shitom ban pynneh pynsah ia ka kol lamkhamt bad rung sha ka Quarter final bad pynthikna ia ka jingiaikhun pyrshah ia ka Norway.

Ka jingiaikhun Quarter final hapdeng ka Norway (kaba la pynliem ia ka Brazil da 2-1) bad ka England kan long ha ka step snyiia jong ka 12 tarik Naitung, 2026 (Por 2:30 am).



U Harry Kane bad u Jude Bellingham kiba la pynkhihjar na ka bynta ka England.

**Ka thup ki nongthep kol ba iaknieh but ksiar ha kane ka Fifa World Cup 2026:**

**Kylian Mbappé (France): 7 kol (ryngkat bad 2 tylli ki assist)**

**Lionel Messi (Argentina): 7 kol (0 assist)**

**Erling Haaland (Norway): 7 kol**

**Harry Kane (England): 6 kol (kawei ka assist)**

**Ousmane Dembélé (France): 4 kol**