

ISL 2026: Sdang ka MBSG ban iada ia ka nam lahdun da ka jingjop pyrshah ia ka Kerela

KOLKATA, Rymphang 14: Ka Mohun Bagan Super Giant, ka kynhun ba bat ia ka nam lahdun, ka la sdang ia ka samoi da ka jingjop da 2-0 kol pyrshah ia ka Kerala Blasters ban sdang ia ka samoi ialehkai 2025-26 jong ka lypmung Indian Super League hynne ka sngi Saitjaiñ ha Salt Lake Stadium ha Kolkata.

U rangialehkai ba shakhmat jong ka ri Australia, u Jamie Maclaren u la plie ia ka jingkhang na ka bynta kane ka kynhun kaba dang iada ia ka burom lahdun, da kaba pynkhihar ha ka minit kaba 36. Haduh kaba kut jong ka kylla step ka kol ka la neh sah kumjuh,



SHILLONG, Rymphang 13: Ka Assam Rifles Sentinels Cup kan sa wanpahi biang mynta u bnai ha kaba ka sienjam kaba 4 kan sdang naduh ka 17 haduh 27 tarik Rymphang 2026, bad ia ki jingialehkai yn pynlong ha ki jaka bapher bapher ha nongbah Shillong.

SCA Cricket League Super Div'n 2026: Pynliem ka Rangkynsai da 28 ron ia ka Sputnik Spartans

SHILLONG, Rymphang 14: Ka Rangkynsai SC ka la khur ia ka jingjop da 28 ron ha ka jingialehkai pyrshah ia ka Sputnik Spartans ha ka lypmung Shillong Cricket League Super Division 2026 ba la pyniaid da ka Shillong Cricket Association (SCA) hynne ka sngi Saitjaiñ.



27 ron) bad u Shembhalanag Pyngrope (7 ober: aildad 44 ron) ki la ioh ban khur mar 3 wicket. Hynrei haba pyrshang beh ia ka thong, ka Langsning ka la hap noh baroh 10 wicket tang na ka bynta 141 ron haki 36 ober.

Kiba la lamkhmat ha ka tied na ka bynta ka Langsning ki long u Nishanta Chakraborty (37 ron naki 38 bol) bad u Shembhalanag Pyngrope (25 ron naki 30 bol).

Haba tied nyingkong ka Rangkynsai SC ka la kamai 253 ron shuwa ban khylllem baroh 10 wicket haki 43.4 ober, ha kaba u Ajay Duhan u la trei borbah ban kamai 82 ron naki 104 bol, katba u Kishan Lyngdoh u la noh synfiang 62 ron naki 42 bol.

Naldeng ki nongkawang bol jong ka Sputnik Spartans, u Supriyo Chanda u la khur 3/54 naki 9 ober, katba u Dilwar Khan u la khur 2/22 naki 9 ober.

Ki nongkawang bol jong ka Sputnik Cricket Club kiba la seisoh ki long u Aditya Singhania, uba la ioh ban khur 4 wicket naki 9 ober bad aildad tang 27 ron, katba u Arbin Singh u la khur 3 wicket naki 8 ober bad aildad tang 38 ron.

Na ka bynta ka jingialehkai kaba kyrpang ha baroh ki liang, u Aditya Singhania (kamai 30 ron ha ka por tied bad khur 4 wicket ha ka boling) u la ioh ban khur ia ka khusnam Player of the Match.

Haba pyrshang beh ia ka thong ka Sputnik Spartan ka la khylllem noh baroh 10 wicket tang na ka bynta 225 ron haki 43.3 ober. Kiba kham seisoh ha ka tied ki long u Kishlay Vishluk (45 ron

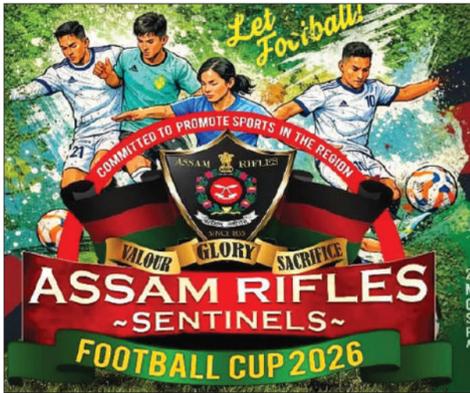
naki 54 bol) bad u Supriyo Chanda (37 ron naki 35 bol). Nalor ba u la lehka bha ha ka tied na ka bynta ka Rangkynsai u Ajay Duhan, u la khur ruh haduh 3 wicket naki 9 ober bad aildad tang 27 ron, kaba la pynlong ia u ban khur ia ka khusnam Player of the Match.

Kawe pat ka jingialehkai kaba la long ha ka sngi Thohdieng la iohi ia ka Sputnik Cricket Club kaba la pynliem noh da 87 ron ia ka Langsning XI

Naldeng ki nongkawang bol jong ka Langsning XI, u Prince Ray (4.1 ober: aildad

Ha ka 17 tarik yn sdang ka sienjam ba 4 jong ka lypmung Assam Rifles Sentinels Cup

SHILLONG, Rymphang 13: Ka Assam Rifles Sentinels Cup kan sa wanpahi biang mynta u bnai ha kaba ka sienjam kaba 4 kan sdang naduh ka 17 haduh 27 tarik Rymphang 2026, bad ia ki jingialehkai yn pynlong ha ki jaka bapher bapher ha nongbah Shillong.



Assam Rifles Sentinels Cup Trophy.

Ka Sentinels Cup ka la long ka dak jong ka kolshor ialehkai phutbol kaba riawspah jong ka thain Shatei Lammihngi. Kane ka lypmung ialehkai kaba la jer kyrteng na ka Assam Rifles, ki "Nongiada ia ka thain shatei lammihngi," ka la sakhi ia ka jingiashim bynta kaba shitrhem na ki kynhun ha kylleng ka thain.

Kumba ju long, ka Assam Rifles Sentinels Cup kan sakhi ia ka jingiashim bynta jong bun ki klob kiba na ka jylla Meghalaya, kumjuh ruh na ka Assam Rifles, Indian Army bad Meghalaya Police. Kane ka lypmung kan don mar phra tylli ki kynhun ha ka thup jong ki Shynrang bad Kynthei ki ban iakhun lyngba ki group stage, bud sa

ialeh katba lah ban rah ia ka nam lahdun. Kumba ju long, ka Assam Rifles Sentinels Cup kan sakhi ia ka jingiashim bynta jong bun ki klob kiba na ka jylla Meghalaya, kumjuh ruh na ka Assam Rifles, Indian Army bad Meghalaya Police. Kane ka lypmung kan don mar phra tylli ki kynhun ha ka thup jong ki Shynrang bad Kynthei ki ban iakhun lyngba ki group stage, bud sa

ka wat iakhun knockout. Ka jingple pyrda ia kane ka lypmung la buh ban long ha ka 17 tarik u Rymphang ha madan First Ground-SSA Stadium, Polo, naduh ka por 2 baje noh phaisngi. Ka phainal ruh kan long ha kane ka juh ka madan hadien shiphew sngi bad ka lahdud jong kane ka lypmung kan rah sha iing ia ka song pisa kaba T.3 lak ryngkat bad ka Sentinels

Hadien ba la weng noh ialade na ka Super League la pdiang biang ia ka Barcelona ha ka EFC

CAMP NOU, Rymphang 14: Ka Barcelona ka la shah pdiang biang da kawei ka sur kum ka dkhot jong ka seng jong ka European Football Clubs (EFC) hadien ba ka la pynduh noh ia ka jingiaidei bad ka projek ban thaw ia ka European Super League kaba la pynmih jingiakynad, la ong kane ka klob La Liga club ha ka sngi Thohdieng.



Ka EFC, kaba la ju tip mynshwa kum ka European Club Association, tad haduh ba la pynyklla kyrteng thymmai ia kane ka seng ha u bnai Risaw.

Ka Barcelona ka la pynthikna ban weng noh ialade na ka projek jong ka European Super League ha ka taiew ba la dep shuwa ban aiti ia ka aplikeshon jong ka ban rung biang sha

Ka EFC, kaba mihkmat ia palat 800 tylli ki klob ha kylleng ka dewbah Europe,

ka thaw ia ki rai ba kongsan halor ki lypmung, ki kalendar ialehkai, ki rukom pyniaid ha kaba iadei bad ka pisa, ki kyndon pynkntiab klob bad ka polisi pynphiang paidbah ia ki jingalehka.

dkhot bad ka la pynpaw ia ka jingkwah jong ka ban iatreilang bad ka klob ban batai ia ki sienjam kiba hadien ban ban batai bñiah ia ka jingdon bynta jong ka hapoh ka seng ha kane ka kyrdan kaba thymmai," la ong ka klob.

Ka Barcelona ka la ong ba u chairman ka EFC bad u President jong ka Paris St Germain u Nasser Al-Khelaifi u la aiti dalade ia ka jingkyrpad ban long dkhot biang jong ka Barcelona sha ka board.

"Ka FC Barcelona ka peit bha ia kane ka rai bad ka pynskhem biang ia ka jingkular jong ka ban iatreilang bad ki para klob na Europe na ka bynta ka jingmyntoi jong ka phutbol, na ka bynta ki jingialehkai bad na ka bynta ki nongkyrshan jong ka."

"Ka EFC ka la pynpaw ia ka jingsngewkmen bad burom ban pdiang biang ia ka FC Barcelona kum ka

Katto katne shaphang u Canelo Álvarez, rangiakura ba pawnam ka ri Mexico

La kha ia u Santos Saúl Álvarez Barragán ha ka 18 tarik u Naitung 1990, ia u ba la tip paidbah da u Canelo, u dei u rangiakura ba pawnam jong ka ri Mexico. U bat bun tylli ki burom kum u world champion ha saw tylli ki kyrdan jingkhia (weight class) naduh ka light middleweight haduh ka light heavyweight.

California, lada jia ba u rangiakura um lah ban kot katkum ka jingkhia ba la btah un hap ban siew 20% na ka pla jong u sha u liang pyrshah. Hynrei u Álvarez u la kyntait ia ka \$12,000 na u Baldomir.

U Álvarez u dei u rangiakura ba nyingkong ha ka history ban long lahdud lane undisputed champion ha ka super middleweight, hadien ba u la bat ia ka burom kum u lahdud ka World Boxing Association (WBA) (Super version), World Boxing Council (WBC) bad ka Ring magazine naduh 2020, bad ruh ka International Boxing Federation (IBF) nangta ka World Boxing Organization (WBO) naduh 2021.

La bna nam ia u Álvarez kum u rangiakura ba stet, ha kaba u lah ban pynkhih stet ia ka met bad ruh ia ka khlieh ban kynriah na ki ksangkti jong ki rangiakura ba iakhun pyrshah nalor bad ka kura artad. U dei u rangiakura ba don sap bad u la shyrkhei lada u ioh ia ka lad ban kura na met.

Ha kyllumlang baroh ki rangiakura ha shityllup ka pyrthei, u Álvarez u la shah thup ha ka kyrdan ba saw, kum u rangiakura ba kynsai bad u ba tbit kabe la tip kum "pound for pound" ha ka ktien nongweng, lyngba ka thup kyrdan ki rangiakura jong ka The Ring; bad kyrdan ba san katkum ka thup kyrdan jong ka TBRR. U dei u khluur iakura u ba iaidei iew (pay-per-view), bad u dei u wei na ki nongialehkai Sports ba heh jingsiew tam ha ka pyrthei, bad rung ruh ha ka thup kyrteng jong ka Forbes kum u wei na ki rangialehkai ba heh jingsiew ha u snem 2019, 2022, bad 2023.

Ha ka 05 tarik u Lber, 2011, u Álvarez u la pynliem noh ia u lahdud ka European welterweight - u Matthew Hatton lyngba ka unanimous decision, ban khur ia ka WBC light middleweight belt. Ia kane ka jingiaikhun la pyni paidbah ha HBO kaba la long ha Honda Center ha Anaheim, California. Haduh 1.4 million ki paidbah ki la sakhi ia kane ka jingiaikhun lyngba ka HBO.

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Ha ka 17 tarik Nailur, 2011, u Álvarez u la iada biang ia ka burom kum u lahdud ka WBC pyrshah ia u Alfonso Gómez ha Staples Center kaba ha Los Angeles, ban jop ia ka jingiaikhun lyngba ka TKO ha ka Round-6.

U Álvarez u la seisois ban iada ia ka burom kaba dang shu jop, kata ka WBC pyrshah ia u Ryan Rhodes. U Álvarez u la pynliem ia u Rhodes lyngba ka TKO ha ka Round-12 ha ka jingiaikhun kaba la long ha ka 18 tarik u Jylliew, 2011, ha Guadalajara, Jalisco. Bad ki brieve kiba la peit ia kane ka jingiaikhun na ka HBO ki don haduh 1.6 million.

Ka jingim Khynnah jong u Alvarez:

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Jingiaikhun ba kyrpang hapdeng u Álvarez pyrshah ia u Mayweather

Ka jaka ba la kha ia u Álvarez ka dei ha Guadalajara, Jalisco, hynrei ki kmie ki kpa jong u ki dei tynrai na Los Reyes, Michoacán. Ha ka rta ba 5 snem, ka iing ka sem jong u, ki la kynriah jaka sah sha Juanacatlán, Jalisco. U la heh la san ha kane ka jaka ba ka iing ka sem jong u ki ia rep, u la pyrshang ia ka jait jingialehkai horseback riding, kaba u dang bteng haduh mynta. U Álvarez u dei u ba rit tam naldeng 8 ngut ki shipara, ha kaba 7 ngut ki dei ki shynrang; baroh ki hynmen shynrang jong u ki la kylla long ki Professional Boxer. Naldeng kine ki shipara, ki don ba iakhun ha ka kyrdan welterweight - u Ramón Álvarez, nangta u Ricardo Álvarez bad u lahdud barim ka WBA interim world champion, u Rigoberto Álvarez.

Light middleweight:

Hakhamat 16,746ngut ki brieve kiba la wan sakhi ia ka jingiaikhun hapdeng kine arngut ha MGM Garden, u Mayweather u la pynliem noh ia u Álvarez lyngba ka rai ki nongbisher. U Judge C. J. Ross u la bynta point da 114-114, iakhaid. U Judge Dave Moretti u la bynta 116-112 bad u Craig Metcalfe u la bynta 117-111.

Forwarders: Imran Khan, Inigo Martin, Gurkirat Singh, Irfan Yadwad, Daniel Chima Chukwu, Vivek S, Prakadeswaran S.

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Haduh mynta, u Canelo Alvarez u la pyndep 65 sien ki jingiaikhun Professional Boxing, kiba kynthup 61 sien kiba u la khur jingjop bad 39 sien ki long lyngba ka Knock Out. U Alvarez u dang shah rem tang 2 sien, kine ki long pyrshah ia u Dmitry Vibal ha u snem 2022 bad hakhamt u Floyd Mayweather Jr. ha u snem 2013, kaba dei ka namrem kaba nyingkong eh jong u ha rynsan iakura.

Pynbna ka Chennaiyin FC ia ka thup kynhun kaba don 29 ngut na ka bynta ka ISL 2025-26

CHENNAI, Rymphang 14: Ka Chennaiyin FC ka la pynbna ia ka kynhun ialehkai kaba don 29 ngut ban iakhun ia ka Indian Super League 2025-26. Kane ka kynhun kaba la tip ruh da ka Marina Machans, kan sdang ia ka samoi da ki saw tylli ki jingialehkai shabar na la iing, kaban sdang na ka jingiaikhun pyrshah ia ka Mumbai City FC ha ka 19 tarik u Rymphang.

rangialehkai pdeng u Mohammed Ali Bemammer u la ioh ban shinti ia ka sopti nombar ba 66, katba u centre-back u Eduardo Kau u phong ia u nombar 33. U Inigo Martin u rangialehkai Spain u ilalam hakhamt ryngkat ka sopti ba don ia u

nombar 10. Ka thup kynhun jong ka Chennaiyin FC ki long: **Goalkeepers:** Samik Mitra, Mohammad Nawaz, Devansh Dabas **Defenders:** PC Laldinpuia, Elsinho Dias, Ankit Mukherjee, Madar

Rao Dessai, Pritam Kotal, Vignesh D, Laldinliana Renthlei, Raj Basfore, Eduardo Kau, Jahangir Ahmad Shagoo **Midfielders:** Alberto Noguera, Mohammed Ali Bemammer, Jitendra Singh, Lalrinliana Hnamte, Jiteshwar Singh, Farukh Choudhary, Maheson Singh, Kluser Pereira, Y Nitish Kumar Meitei **Forwarders:** Imran Khan, Inigo Martin, Gurkirat Singh, Irfan Yadwad, Daniel Chima Chukwu, Vivek S, Prakadeswaran S.



U Imran Khan bad u Alberto Noguera kiba la soi thymmai kin phong ia u nombar 7 bad 14, ha kane ka samoi ialehkai. U