

# Sdang ka Meghalaya da kaba jop ia ka Arunachal ha ka Santosh Trophy



**Shillong, Naiwieng 20:** Ka kynhun ialehkai phutbol jong ka Meghalaya ka la wanphai nadien ban pynliem ia ka Arunachal Pradesh ha ka jingialehkai kaba nyingkong jong ka Group E ha ka Senior Men's National Football Championship na bynta ka Santosh Trophy 2024-25 ha Nalbari, Assam, ha ka step sngi Balang.

Ha kane ka jingiaikhun, ka Arunachal ka la ioh ban lamkhat da 3-1 kol kumba katto katne por shuwa ba ka Meghalaya kan pynkhihar lai sien kynthih ban jop da 4-3 kol.

U Overkindness L

Mawnai (8') u la lah ban ai mynsiem ia ka Meghalaya ha ka jingiaidlynti ha kane ka lypmpong da kaba pynkhihar tang hapoh 10 minit ba la ia'id ka por.

Hynrei, ka Arunachal ki la iakhun shitom bad ioh lamkhat ia ka jingialehkai ha kaba kut jong ka kylla step lyngba ar tylli ki kol na u Omang Dodum (15') bad u Tagru James (45+1).

Ha kane ka jingiaikhun, ka Arunachal ka la ioh ban lamkhat da 3-1 kol kumba katto katne por shuwa ba ka Meghalaya kan pynkhihar lai sien kynthih ban jop da 4-3 kol.

U Overkindness L

Shangpliang kum u Coach. Haden nangta, ka Nagaland ka la pynliem noh ia ka Assam (ka jylla ba ioh pynlong ia ki jingialehkai ka Group-E) da 2-1 kol.

Ka Meghalaya kan iakhun biang pyrshah ia ka Nagaland ha kajuha jaka ha ka por 9 baje mynstep ka sngi Thohdieng. Na kawei pa kawei ka Group tang kawei ka kynhun kan iohring sha ka wat iakhun kaba bud jong ka Santosh Trophy

**Ka thup kynhun jong ka Meghalaya kiba mih madan ha ka jingialehkai hynne ka sngi ki long:**

Siwel Rymbai (GK), Overkindness L Mawnai, Arlangky Nongsiej, Donborlang Nongkynrih (sub Aenam Jyrwa 64'), Wanboklang Lyngkhai, Aibiangmame Nongneng (sub Deibormame Tongper 64'), Badondor Marbanang (sub Robertson Khongriah HT), Damanbhalang Chyne (sub Baiaikara Swer 85'), Fullmoon Mukhim, Kevin Rymbai, Donlad Diengdoh (sub Banraplang Pynprope 85')

# Ryngkat u Messi yn wan ialehkai ka Argentina ha Kerala ha u 2025



**Kerala, Naiwieng 20:** U Myntri ka tnat ialehkai jong ka Kerala - u V. Abdurahaman ha ka sngi Balang (Naiwieng 20 tarik, 2024) u la pynpaw ba ka kynhun ialehkai phutbol jong ka Argentina, ba kynthup ia u rangialehkai ba pawnam jong ka - u Lionel Messi, kan wan iuhkhat ha Kerala ha u snem ban wan (2025) na ka bynta ka jingialehkai ri.

Haba ai jingkrean sha ki lad pathai khubor, u tei u Myntri ka tnat ialehkai u la pynpaw ba ia ka jingialehkai

yn pynlong hapoh ka jingpeit bniyah ba pura na ka sorkar Jylla.

"Baroh ki lad jingiarap haba iadei bad ka pisa na ka bynta ban pynlong ia kane ka jingialehkai phutbol kaba khray yn nohsynniang da ki nongkhai' ba riwspah jong ka Jylla," la ong u tei u Myntri, u ba la pynpaw da ka jingsngew skhem ia ka jinglah jong ka Kerala ban pynlong ia kane ka jingialehkai ka ban sah jingkyrnaw.

"Ka kynhun ialehkai

phutbol kaba wan ba nyingkong ha ka pyrthei, ka Argentina, ba kynthup ia u Lionel Messi, kan wan ha Kerala," u la ong.

Ki nongpyniaid jong ka kynhun lehkai ri ka Argentina kin sa pynbna paidbah ha kaba iadei bad kane.

"Ngi (ka sorkar jylla Kerala) ngi la rai ban pynbna ryngkat ha kaba iadei bad kane ka bynta bad ki nongpyniaid ka kynhun ialehkai ka ri Argentina," u la bynrap.

Haba jubab ia ka

jingkylli, u la ong ba ia ka rai halor ka jingwan jong ka kynhun ladep ban shim bad kam don kano kano ka jingkylla ha ka.

Da kaba kdew ba ka sorkar kan sa shim ia ka jingkitkhalie ban pyniaid ryntih ia ka jingialehkai, ka jingpahara, bad kiwei kiwei ki jingpynbeit ha kane ka bynta, u la ong ba ia ka jaka ialehkai bad ka kynhun ka ban iakhun pyrshah yn sa rai hadien.

U la ong ba kane ka jingialehkai kan sa long ha u snem ban wan (2025), hynrei ia ka tarik yn sa pynbna da ka Argentina Football Federation katkum ka rukom treikam.

Da kaba pynshai ba ia ka jingialehkai yn pynlong hapoh ka madan kaba lah ban pdiang ym duna ia ka 50,000 ngut ki brieu, u la aiksai ba ka Kochi ka lah ban long ka jaka ialehkai.

U ne u Myntri u la kdew ruh ba ka India ka dei kawei na ki ri ba bun tam ki nongkyrshah ia ka kynhun Argentina, bad shi bynta na ka saw bynta ki nongkyrshah ki don ha Kerala.

## Super Division: Jop ka Shangpung Lumiamushai

**Jowai, Naiwieng 20:** Ka lypmpong ialehkai phutbol jong ka kyrdan 'Super Division Football Tournament - 2024' ia kaba la tip kum ka "U Kiang Nangbah Memorial Trophy" bala pyniaid da ka West Jaintia District Sports Association, (WJDSA) Jowai kaba la long ha ka 20 tarik u Naiwieng ha madan Kiang Nangbah Stadium, Dongmihnsngi Jowai.

Ha katei ka sngi ka Shangpung Lumiamushai kala pynliem noh da 2-1 kol ia ka Sailung Ialong. Kine ki ar kol na ka Shangpung Lumiamushai la thep da u Salanbhami Suchiang (13 & 66 minit). Katba ia ka shikol na ka Sailung Ialong la thep da u Budhokmiki Rymbai haka minit ba 6.

Shuwa kane, ka jingiaikhun hapdeng ka Mukhla Raij SC bad ka Nangbah Mulang kala kut ha ka jingiaikhaid da mar shikol, ia ka kol na ka Mukhla Raij SC la thep da u Deni Suna haka minit ba 80. Katba na ka Nangbah Mulang la thep da u Precious Tang haka minit ba 2.

La pyntip ka jingiaikhun mynta ka 21 tarik u Naiwieng, 2024 ka long hapdeng ka Ladhaldaboh SC pyrshah ia ka Demthring ha ka por 11 baje mynstep. Katba ka Wahiajer kan iakhun pyrshah ia ka 7 Wasa United ha ka por 2 baje nohphai sngi.

## Shongshit ka iakob siat khnam jong ka Rongbiria Seng Kut Snem 2024

**Shillong, Naiwieng 20:** U Koswell Syiemlieh na Sohra Rim lem bad ka ar ngut ki rangbiria ka Laitykhyng 'A' ki la ioh ba kin rah ia la ki nam lahdud ha ka iakob siat khnam kaba para marwei bad iakop siat kynhun, jong ka Rongbiria Seng Kut Snem, 2024, kaba la pyniaid da ka Rongbiria Committee ka Lum Jingthang Committee, ka Seng Khasi Kmie.

Kane ka jingiaikob, ka la long hynni na sngi Pamtiyah, ka 17 tarik Naiwieng 2024, ha madan Second Ground, Polo.

Ia ka nam kaba ar bad kaba lai, ha ka iakob siat kaba para marwei, la ioh ban rah da u Shemphang Kharmawphlang na Lumparing-Lumsophoh bad u Kyrshamborstar Kharshiing na Smit.

Katba ha ka iakob siat kynhun ia ka nam kaba ar la rah ia ki da ki Amgut Siatlang

na Nongmynsong.

Ha kane ka kynti, ha ka iakob siat kaba para marwei, la don haduh 215 ngut ki rangbiria kiba la mih madan ban iaknieh ia ka nam lahdud bad ha ka iakob siat kynhun la don haduh 81 kynhun kiba la mih madan ban iakhun. Ka khusnam ia ki nongjop ha ka iakob siat kaba para marwei ka long 15 hajar tyngka ryngkat bad u 'nam rupa', ba wan ba-ar 7 hajar tyngka bad ba wan ba lai 3 lai hajar tyngka.

Katba ha ka iakob siat kynhun, ka lahdud ka ioh ia ka song pisa kaba long 35 hajar tyngka lem bad ki stieh khun, ba wan ba-ar 15 hajar tyngka bad ki ar kynhun ne team kiba wan ba-lai ki ioh ia ka song pisa kaba long mar 5 hajar tyngka.

Ia kane ka iakob la lah ruh ban pynlong da ka jingkyrshah jong ka Centre

Point Group Enterprise.

Ha shwa ban sdang ha ka por mynstep, ka la don shwa ka nguh ka dem kaba la pyndep da u Rgh Skor Jala Chairman ka Komiti Tymmen u San Seng Khasi Kmie hadien kane, la ioh pat ia ka jingkrean na u General Secretary Seng Khasi Kmie Rgh Hainess Marbanang bad pynbud pat da ka jingkyntiew ia ka lama lem bad ka jingkrean na u kongsan u Rgh O. Pynprope, President Seng Khasi Kmie.

Ha ka por ba sam pat ia ki khusnam, kongsan ba la wan ban ia don lang dei Pa'iem Dr Balajied Singh Syiem, Syiem ka Hima Khyrim, nangta u General Secretary bad ki dkhot ka JPK ka Seng Khasi Kmie.

Katba ia ka lama jong ka seng ka pynhiar ia ka da u Rgh D.L. Nongbri Vice President Seng Khasi Kmie.

## Lehkai bha ka Meghalaya ha ka tied pyrshah ia ka Delhi, kamai 95 ron u Gaurav Narleng

**Shillong, Naiwieng 20:** U Gaurav Narleng u la duna khyndiat ban kynjoh ia ka spah ron ha kaba ka Meghalaya ka la lah ban lehkai bha ha ka tied pyrshah ia ka Delhi ha ka sngi iakhun ba nyingkong jong ka lypmpong U-19 men's Cooch Behar Trophy Elite Group A ha madan kriket MCA ha Polo ha ka sngi Balang.

U Gaurav u la shah pynkhyllim noh hadien ba kamai 95 ron naki 171 bol, kiba u la bynrap da 19 tylli ki four hadien ba ka Meghalaya ka la jop ia ka jingkynting pisa (toss) bad jied ban tied nyingkong. Ha ka tied ka kynhun ba ialehkai hala iing ka la ioh ban kamai 239 ron bad hap noh 7 wicket hadien 98 over.

Ka Meghalaya ka la don ha ka jingma kaba khray bha ha ka khyllipmat ba kamao 44/4 bad 75/5 hynrei ynda la mih u wicket ba hynrieh ka jingiatreilang hapdeng u Gaurav bad u Kshitij Singhania (52 khlem shah pynhap) ka la buh biang ia ka innings ha ka lynti kaba dei. Ryngkatlang, kine ki shijur ki la kamai 86 ron

shuwa ba u Gaurav un hap ha ka bol jong u Dhanya Nakra (1/19).

U Kshitij, u ba la tied ia hynniiew tylli ki four, u la pyndonkam haduh 202 bol na bynta ban kamai ia ka spah ron shiting (half-century khlem shah pynhap) jong u hynrei kam shym la don ka jingkyrkieh bad ka Meghalaya ka donkam ia u ban dang iaineh ha ka tied ban ia kaba kamai ron kham stet. Ha kaba kut jong ka jingialehkai u la don bynta ban iarap kamai 54-ron bad u Angkit Tamang (22 ron khlem shah pynhap).

U rangkawangbol ba stet jong ka Delhi - u Udhav Mohan u la long u ba seisoh tam ha kane ka jingialehkai, da kaba khur 3/72.

Kane ka dei ka jingialehkai kaba lai na bynta ka Meghalaya mynta ka samoi; ki la rem ha ki ar tylli ki jingiaikhun ba kham mynshuwa da ka jingiaiphar kaba heh ha ka Chandigarh bad ka Odisha, kumta ka jingpyrshang ha kane ka jingiaikhun pat ka long kaba bha shibun. Ka Delhi, ha kawei pat ka liang, ka la jop shisien bad rem shi sien ha ka jingiaidlynti jong ki ha

kane ka lypmpong U-19.

Ha ka por mynstep, shuwa ban sdang ka jingialehkai, ka Meghalaya Cricket Association ka la ai khublei bad pynkup burom ia ki nongpyniaid bad ki dkhot jong ka kynhun ba wan naba. Ka la long kum ba 'wanphai iing' na ka bynta u coach ka Delhi, u Yogesh Nagar, uba la ai ka jingshakri kaba bha ia ka Meghalaya kum u nongialehkai ba tbit ha u snem 2018-19 bad la pdiang burom biang ia u da u Bah Gideon Kharkongor - Honorary Secretary jong ka MCA.



## Phah ka AMKA da ka kynhun ba 13 ngut ban leit aireng ha ka Championship ha Delhi

**Shillong, Naiwieng 20:** Ka All Meghalaya Karate-Do Association (AMKA) ka la phah da ka kynhun ba 13 ngut ki nongialehkai karate ban leit aireng ha ka lypmpong ialehkai jong ka Karate Championship kaban long ha nongbah New Delhi ia kaba la tip kum ka 1st Federation Cup Premier League & Youth League Karate Championship 2024.

Kane ka lypmpong kaban neh shi taiew pura ka la sdang naduh ka 17 tarik bad kan kut pat haduh ka 23 tarik mynta u bnai hi.

Ia kane ka kynhun yn ialam da u Bah Donboklang Lyngdoh kum u Coach.

Ka thup kyrteng jong ki nongialekai ki long kumne harum -

**Gideon Tympuin** - Senior Male Kumite - 55kg & Senior Male Kata

**Gregorwilson Makdoh**

- Junior Male Kumite - 61kg & Junior Male Kata

**Ferdinand Samkupar Rani** - Junior Male Kumite - 55kg & Junior Male Kata

**Kynpham Kharkongor** - Senior Male Kumite - 67kg

**Davysan Kharkongor** - Senior Male Kumite - 50kg

**Ram Lanong** - Junior Male Kumite - 55kg

**Bapynshongdor Dkhar** - Junior Male Kumite - 61kg

**Iwannaki L Khongji** - Cadet Female Kumite - 42kg

**Cathy Sweety Nongrum** - Senior Female Kumite - 45kg

**Barisha Kharbani** - Senior Female Kumite - 61kg

**Sa-I Banmanbha S Blah** - Junior Female Kumite - 42kg

**Nangkitbok Phira** - Senior Male Kumite - 55kg

**Damebanmerbha S Blah** - Senior Male Kumite - 50kg.



## Khur jingjop ka Thangskai Tiger SC bad ka Chiehruphi SYWSC ha ka Super Division jong ka EJHDF

**Khliehriat, Naiwieng 20:** Ka lypmpong ialehkai phutbol jong ka kyrdan Super Division Football Tournament-2024 kaba la tip kum ka 4th Kymmen Shylla Contribution Trophy ia kaba la pyniaid da ka East Jaintia Hills District Football Association (EJHDF) kaba la long ha ka 19 tarik u Naiwieng, 2024 ha madan EJDSA Artificial Turf, Diengshynrum, Khliehriat.

Haba phai sha ka jingiaikhun kaba nyingkong ka kynhun ialehkai jong ka Thangskai Tiger SC kala pynliem da 2-1 kol ia ka Dhana SC, ia kitei ki kol na ka Thangskai Tiger SC la

CLUB	PL	W	D	L	GD	PTS
1 Dhana CSC	3	2	0	1	4	6
2 R.Shkeshynriah	3	2	0	1	0	6
3 Sutnga SSCC	3	1	2	0	1	5
4 Thangskai Tiger	3	1	2	0	1	5
5 Chiehruphi	3	1	1	1	0	4
6 Lad Rymbai B	3	1	1	1	-2	4
7 R.lawpynsing	3	0	2	1	-1	2
8 Khliehriat West	3	0	0	3	-3	0

After Round 3

thep da u Pynthymme Rymbai haka minit ba 53 bad u Maiki Nongtdu haka minit ba 68, ia ka shikol na ka

Dhana SC la thep da u Wanlang Massar haka minit ba 60.

Ha ka jingiaikhun kaba

ar ka Chiehruphi SYWSC ka la pynliem da 2-1 kol ia ka Khliehriat West YWSC, ia ki kol na ka Chiehruphi SYWSC la thep da u Premi Muksor haka minit ba 35 & 79. Ia ka shikol na ka Khliehriat West YWSC la thep da u Moneshwar Mohela haka minit ba 90+2.

La pyntip ka jingiaikhun ha kane ka 21 tarik u Naiwieng kan long hapdeng ka Ladrymbai-B SC pyrshah ia ka R.Shkeshynriah SC haka por 11:45 pm, katba ka R.lawpynsing SC pyrshah ia ka Sutnga SSCC haka por 2:15 pm.